

Dr. Julio Bird Continues to Transform Lives at Samaritan Weight Management Institute

Expert in Robotic-Assisted Bariatric Surgery Dedicated to Patient-Centered Care



New York City, New York Feb 24, 2025 ([Issuewire.com](https://www.Issuewire.com)) - The Samaritan Weight Management Institute is proud to announce that Dr. Julio Bird, MD, is continuing his impactful work within the institute as an expert in bariatric surgery. With a focus on minimally invasive weight loss procedures, Dr. Bird is dedicated to helping patients achieve their health goals through advanced surgical techniques and personalized care.

Dr. Bird has established himself as a leading provider of bariatric surgery, utilizing the state-of-the-art da Vinci robotic-assisted surgical system. This innovative technology allows for greater precision and smaller incisions, resulting in quicker recovery times and improved outcomes for patients. As a board-certified general surgeon with extensive training, Dr. Bird brings a wealth of knowledge and expertise to the field of weight management.

“I chose to specialize in bariatric surgery because I have witnessed the transformative effects it can have on individuals’ lives,” said Dr. Bird. “My goal is to partner with my patients, discuss their options, and create a treatment plan that best suits their needs. It’s incredibly rewarding to see my patients regain their health and improve their quality of life.”

Dr. Bird completed his undergraduate studies at the University of Wisconsin-La - La Crosse before earning his medical degree from Saint Louis University School of Medicine. His rigorous training included an internship at AMITA Health Saint Joseph Hospital, a residency at Gundersen Lutheran Medical Center, and a fellowship at MIMIS - Cuyuna Regional Medical Center.

Beyond his professional expertise, Dr. Bird is inspired by his father, also a physician, who demonstrated the profound impact a doctor can have on their patients. This legacy drives Dr. Bird to prioritize meaningful relationships with those he serves.

In addition to his clinical interests in robotic-assisted surgery, Dr. Bird is committed to providing compassionate care and is currently accepting new patients at the Samaritan Weight Management Institute. Outside of his medical practice, he enjoys spending quality time with his family and practicing martial arts, emphasizing a balanced and active lifestyle.

Learn More about Dr. Julio Bird:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/3228640-Julio-Bird-Cardiologist> or through Samaritan Health, <https://samhealth.org/patients-visitors/find-a-doctor/bird-julio-1992962377/>

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