

Catherine Goodstein, MD: A Dedicated Advocate for Women's Health at Carnegie Hill OB/GYN

Bringing Expertise, Trust, and Personal Connection to OB/GYN Services in New York City



New York City, New York Feb 27, 2025 ([Issuewire.com](https://www.issuewire.com)) - Carnegie Hill OB/GYN proudly announces Catherine Goodstein, MD, a board-certified obstetrician-gynecologist, as a key member of their team in New York City. Established by a group of passionate female physicians, Carnegie Hill OB/GYN is committed to providing comprehensive, patient-centered care to women of all ages in a welcoming environment tailored to their gynecological, reproductive, and pregnancy-related needs.

Dr. Goodstein brings a wealth of experience to her practice, having worked with a diverse range of

patients from adolescents to post-menopausal women. She has developed a particular expertise in managing abnormal pap smears, family planning, and irregular bleeding. Her approachable demeanor and genuine ability to connect with patients have earned her a dedicated following.

A distinguished graduate of Stanford University, Dr. Goodstein earned her Bachelor of Arts with honors before receiving her Medical Degree from the New York University Grossman School of Medicine in 1996, where she was recognized as the Best Medical Student in Obstetrics and Gynecology. She completed her residency at The Mount Sinai Hospital, where her exceptional research work earned her the award for Best Resident Research Project.

Since entering practice in 2000, Dr. Goodstein has earned a reputation as a trusted and compassionate provider, dedicated to improving the health and well-being of her patients. She finds fulfillment in every aspect of her work, from guiding young patients through their first gynecologic visit to supporting women through pregnancy, childbirth, and beyond. Having delivered countless babies, Dr. Goodstein still feels the same excitement for each delivery as she did for her very first. She values the opportunity to connect with her patients as individuals, believing that a doctor-patient relationship built on trust, discretion, and respect is key to providing the highest quality care.

In 2024, Dr. Goodstein achieved the Menopause Society Certified Practitioner designation, reflecting her commitment to advancing her knowledge and expertise in menopause and related midlife health issues. This certification highlights her dedication to providing informed, compassionate care to women navigating these important life transitions.

Dr. Goodstein balances her professional life with her personal life as a devoted wife and mother of two, residing in New York City. She is actively engaged in her community, serving on the Board of the Horace Mann School, where her children attend.

Carnegie Hill OB/GYN invites women of all ages to experience the compassionate and dedicated care provided by Dr. Catherine Goodstein and the team, ensuring that every patient feels valued and supported on their health journey.

Learn More about Dr. Catherine Goodstein:

Through her findatopdoc profile
at <https://www.findatopdoc.com/doctor/831676-Catherine-Goodstein-OB-GYN-Obstetrician-Gynecologist> or through Carnegie Hill OB/GYN
at <https://www.carnegiehillobgyn.com/catherinegoodstein.html>

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Source : Dr. Catherine Goodstein

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