

Sticky Notes & Love Poems Dubbed the Most Adorable Book of 2024

Sticky Notes & Love Poems by Kayla Griffin and Mark Galaviz captures the essence of love through heartfelt poems inspired by their unique tradition of exchanging daily sticky notes, celebrating everyday moments.

Sacramento, California Jan 24, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Love stories often focus on dramatic moments or big romantic gestures, but Sticky Notes & Love Poems by Kayla Griffin and Mark Galaviz differ. The most adorable book of 2024 shows that honest love is built on the small, everyday moments we take for granted.

Sticky Notes & Love Poems is a collection of heartfelt poems inspired by Kayla and Mark's journey as a couple. The idea for the book came from a unique tradition they started when they first moved in together. Every day for a year, Mark left Kayla a note in her lunchbox. Kayla responded with notes of her own. These simple messages became a way for them to express their love even on the busiest days.

Kayla and Mark's story is not perfect, but it is relatable. When they first moved in together, they clashed over their different personalities. Kayla's creative clutter and Mark's love of order. But instead of letting those differences drive them apart, they worked together to find balance.

Their sticky note tradition grew out of this effort to show love in small, meaningful ways. Over time, it became a symbol of their commitment to each other.

As Kayla puts it, *"Love is not a grand gesture. Love is a sticky note repeated each day."*

Sticky Notes & Love Poems is available on Amazon.

Meet the Authors

Kayla Griffin is a writer who brings warmth and honesty to her poetry. She describes herself as "a 100% chaotic raccoon," always full of energy and ideas. During the early years of her marriage, Kayla balanced law school and two jobs, which left little time for grand romantic moments. Her poetry captures the beauty of ordinary life and the effort it takes to build a loving relationship.

Mark Galaviz, a retired military veteran, brings a steady and thoughtful voice to the book. His poems often reflect on nature and connection, offering a calm balance to Kayla's lively energy. Together, their words paint a complete picture of love, its ups, downs, and quiet joys.

For More Information:

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X: <https://twitter.com/BookGriffi61528>

Website: <https://booksbykayla.com/>

Amazon: <https://www.amazon.com/Sticky-Notes-Poems-Kayla-Griffin/dp/B0CVSLXH79>

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