

Sterling Kosmach, DO: A Passionate Advocate for Allergy Care

Bringing Over a Decade of Experience in Pediatric Medicine to Aspire Allergy & Sinus



New York City, New York Jan 20, 2025 ([Issuewire.com](https://www.Issuewire.com)) - Castle Rock, Centennial & Colorado Springs, CO– Aspire Allergy & Sinus is excited to announce the addition of Dr. Sterling Kosmach, a board-certified pediatrician and fellowship-trained allergist, to its team of dedicated healthcare professionals. With over 10 years of experience treating patients of all ages, Dr. Kosmach is committed to providing exceptional care in the field of allergy and immunology.

Education-wise, she earned her undergraduate degree in Biomedical Science from the University of Denver before completing her Doctor of Osteopathic Medicine degree at Midwestern University, Chicago College of Osteopathic Medicine. Her extensive training includes a Pediatric Residency at the esteemed Naval Medical Center San Diego, where she developed a strong foundation in pediatric care caring for Navy and Marine dependent children. Prior to her fellowship, Dr. Kosmach served as an Aviation Medical Examiner in the United States Navy, caring for the aviation and flight community. She has also acted as Chief of Pediatric Residents and practiced as a General Pediatrician for two years.

Thereafter, Dr. Kosmach completed her Fellowship in Allergy & Immunology at National Jewish Health, a leading institution renowned for its research and treatment in respiratory and allergic conditions. Her clinical expertise includes the management of a wide range of allergic conditions for both adult and pediatric patients, with a particular focus on food allergies.

“Joining Aspire Allergy & Sinus is a wonderful opportunity for me to combine my passion for allergy treatment with my commitment to patient care,” said Dr. Kosmach. “As a parent of a child with food allergies, I deeply understand the challenges families face. I am dedicated to partnering with my patients to navigate their health journeys and improve their quality of life.”

Dr. Kosmach’s personal connection to the community, passion for the education of her patients, and commitment to advancing the understanding of food allergies, eczema, environmental allergies, and their relationship with chronic sinus disease, will enhance the holistic approach that Aspire Allergy & Sinus is known for. The clinic is dedicated to providing comprehensive care tailored to each patient's unique needs, and Dr. Kosmach’s expertise will further enrich this mission.

Learn More about Dr. Sterling Kosmach:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/84771860-Sterling-Kosmach-Allergist-and-Immunologist> or through Aspire Allergy & Sinus, <https://www.aspireallergy.com/doctors/sterling-kosmach-d-o>

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Source : Dr. Sterling Kosmach

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