

Shelley Doumani-Semino, MD: A Leading Expert in Addiction Psychiatry in Glendale, AZ

Transforming Lives Through Compassionate Care and Specialized Expertise in Addiction Treatment



New York City, New York Jan 27, 2025 ([Issuewire.com](https://www.issuewire.com)) - Dr. Shelley Doumani-Semino, a highly regarded Addiction Psychiatrist, is making significant strides in the treatment of individuals grappling with impulse control disorders related to addiction. With over three decades of experience, Dr. Doumani-Semino is dedicated to providing comprehensive evaluations, accurate diagnoses, and effective treatment plans tailored to each patient's unique needs.

Dr. Doumani-Semino completed her medical education at McGill University, where she earned both her Bachelor of Science in Biochemistry and Microbiology (1966-1970) and her Medical Doctorate (1970-1974). She further honed her expertise in psychiatry during her residency at the University of Toronto (1987-1991) and continued her training with a Clinical Research Fellowship in Group Therapy and Addiction Psychiatry at the same institution (1991-1993).

As a substance abuse expert, Dr. Doumani-Semino utilizes her deep understanding of the biological sciences behind addiction to inform her treatment methodologies. She employs evidence-based practices and collaborates with patients to design recovery plans that foster long-term success. Her holistic approach considers the psychological, social, and environmental factors that contribute to addiction, enabling her to address the root causes of her patients' struggles.

"I believe in treating the whole person, not just the addiction," says Dr. Doumani-Semino. "Each individual has a unique story, and it's essential to create a safe space where they feel heard and empowered to take control of their recovery journey."

Dr. Doumani-Semino is committed to raising awareness about mental health and addiction issues within the Glendale community. She frequently participates in local outreach programs and educational seminars, aiming to destigmatize addiction and promote understanding of its complexities.

For those seeking support, Dr. Doumani-Semino offers a welcoming environment where individuals can find hope and healing. Her practice emphasizes empathy, respect, and patient-centered care, making her a trusted resource for anyone affected by addiction.

Learn More about Dr. Shelley Doumani-Semino:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/554609-Shelley-Doumani-Semino-Addiction-Psychiatrist>

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