

Michelle Hairston: A Champion for Stroke Care at Valley Regional Medical Center

Dedicated Nurse Transitions to Stroke Coordinator Role to Enhance Community Outreach and Care Standards



New York City, New York Jan 27, 2025 ([IssueWire.com](https://www.IssueWire.com)) - Michelle Hairston is the Stroke Coordinator at Valley Regional Medical Center in Brownsville, Texas. With over a decade of nursing experience and a robust background in rehabilitation, she brings a wealth of knowledge and a deep commitment to improving stroke care within the community.

Since beginning her nursing career in February 2012, Michelle has demonstrated unwavering dedication to patient care, initially serving on the medical-surgical floor before transitioning to a specialty role in rehabilitation. Over her 8.5 years in rehabilitation nursing, she has effectively treated patients with strokes, hip fractures, and chronic symptom exacerbations, earning her certification as a Rehabilitation Registered Nurse.

Michelle's passion for stroke care was ignited during her tenure in rehabilitation, leading her to pursue a Master's degree in Nursing Administration. Recently, she transitioned to acute care as the Stroke Coordinator, where she is focused on enhancing the hospital's stroke program from a Primary Stroke Center to a Comprehensive Stroke Center. This ambitious goal will significantly improve patient outcomes and access to advanced stroke care services.

"Community outreach is essential in stroke prevention," Michelle stated. "I believe that education and awareness can lead to better outcomes for patients. My goal is to ensure that our community understands the importance of recognizing stroke symptoms and seeking immediate care."

In her role, Michelle collaborates closely with the Quality and Neuroscience teams to implement evidence-based practices that elevate the standard of care for stroke patients. She is also a certified Stroke Registered Nurse, highlighting her expertise in this critical area of healthcare.

Michelle attributes her success to the unwavering support of her colleagues and her passion for nursing. "I am fortunate to work in an environment that encourages growth and collaboration," she remarked. "Together, we can make a significant impact on our patients' lives."

Learn More about Michelle Hairston:

Through her online profile, <https://todaysnurse.org/nurse/4149631>

Media Contact

TodaysNurse

*****@todaysnurse.com

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