

Dr. Alexandre B. de Moura: Elevating Spinal Wellness in Long Island

Maintaining A 360-degree Approach to Spine Care



New York City, New York Jan 2, 2025 ([Issuewire.com](https://www.issuewire.com)) - An internationally recognized leader in spinal wellness, Dr. de Moura is the Founder of the New York Spine Institute in Westbury. This innovative facility aims to bring world-class spinal care, previously accessible only through his affiliation

with NYU Hospital for Joint Disease and other renowned specialists, directly to the Long Island community.

Growing up in the shadow of an orthopedic surgeon father, he developed a profound interest in the field of orthopedic surgery early on. After earning his medical degree from Chicago Medical School, he completed his residency in orthopedic surgery at Temple University Medical Center, followed by a prestigious fellowship in orthopedic and neurosurgical spine surgery at NYU Langone Medical Center. In 1996, he returned to Long Island, equipped with invaluable experience from handling complex cases at leading orthopedic facilities.

Over the years, Dr. de Moura has successfully treated thousands of patients with varying spine conditions, helping them regain their functional abilities and improve their quality of life. The New York Spine Institute reflects his commitment to individualized patient care, employing a comprehensive 360-degree approach to spine treatment. The Institute offers a full suite of services, including MRI scans, imaging services, physical therapy, and advanced surgical procedures, ensuring that patients receive the most appropriate care tailored to their unique needs.

Moreover, his patient-centered philosophy emphasizes respect, patience, and understanding. He believes that a thorough discussion about lifestyle factors is crucial in making informed decisions regarding treatment options. His commitment to clear communication ensures that patients are well-informed about their conditions and the various treatment pathways available to them. He goes above and beyond by personally following up with patients post-treatment, offering support and reassurance during their recovery.

In addition to his clinical practice, Dr. de Moura serves as a Clinical Assistant Professor of Orthopedic Surgery at NYU School of Medicine and is an active member of several prestigious medical organizations, including the North American Spine Society and the American Academy of Orthopedic Surgeons.

Learn More about Dr. Alexandre B. de Moura:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1646764-Alexandre-De-Moura-Orthopedist> or through New York Spine Institute, <https://www.nyspine.com/medical-staff/alexandre-b-de-moura-m-d-faas/>

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*****@yourhealthcontact.com

Source : Dr. Alexandre B. de Moura

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