

Dr. Alan Reznik: A Leader in Orthopaedic Surgery and Sports Medicine at Connecticut Orthopaedics

Connecticut's Premier Orthopaedic Surgeon Recognized for Excellence in Patient Care and Innovation



New York City, New York Jan 2, 2025 ([IssueWire.com](https://www.issuewire.com)) - Dr. Alan Reznik is a board-certified orthopedic surgeon specializing in arthroscopic surgery and sports medicine. With an illustrious career spanning over three decades, Dr. Reznik is celebrated as one of “America’s Top Physicians” by the Consumers Research Council of America and has been voted “Top Doc” in Connecticut Magazine for more than 25 years by his peers, nurses, and patients.

His extensive experience includes serving as the court physician for the US Tennis Open and the team doctor for the New Haven Knights Professional Hockey Team. His commitment to sports medicine is reflected in his dedication to treating athletes of all ages, from recreational participants to competitive sports professionals, weekend warriors, and working athletes with work-related injuries. He embraces a holistic approach to patient care, focusing on injury prevention and rehabilitation.

A prolific author, Dr. Reznik has nearly 60 published works including two notable books: *The Knee and Shoulder Handbook for All of Us* and *I’ve Fallen and CAN Get Up!* – the latter focusing on fall prevention strategies. The second edition of *The Knee and Shoulder Handbook* was published in 2022, further solidifying his role as a thought leader in orthopaedic health. Dr. Reznik also shares his expertise through numerous patient education articles and videos available on the website [DrReznik.com](https://www.DrReznik.com).

In addition to his clinical practice, he holds significant positions in academia as an Associate Professor of Surgery at the Netter School of Medicine at Quinnipiac University and as an Assistant Clinical Professor in the Department of Orthopaedic Surgery & Rehabilitation at Yale University. He contributed to the American Academy of Orthopaedics, serving on various committees and as an editor for the AAOS Now news journal, where he advocates for advancements in patient safety and quality of care.

Dr. Reznik’s innovative spirit is demonstrated by his eight patents, five of which focus on advancements in arthroscopic surgery techniques, showcasing his dedication to enhancing surgical outcomes and patient recovery. He has lectured on patient safety, clinical diagnosis, advancements in AI in medicine, and medical ethics in AI use.

Learn More about Dr. Alan M. Reznik:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2617861-Alan-Reznik-Sports-Medicine-Specialist>, through Connecticut Orthopaedics, <https://www.ct-ortho.com/find-a-doctor/alan-m-reznik/> or through his website, <https://www.drreznik.com/about>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Dr. Alan M. Reznik

[See on IssueWire](#)