

Dina S. Prus, MD, FACE: Premium Endocrine Care at Optum Medical Care of New Jersey

A Commitment to Excellence: Dr. Prus's Extensive Training and Experience in Endocrinology



New York City, New York Jan 2, 2025 ([Issuewire.com](https://www.issuewire.com)) - Dina S. Prus, MD, FACE, an esteemed Endocrinologist with over 25 years of experience, is in practice with Optum Medical Care of New Jersey. Dr. Prus provides specialized care in Endocrinology and Metabolism with office locations in Maplewood, Springfield, and Belleville New Jersey.

Dr. Prus is a passionate advocate for patient involvement in the management of their health. She believes that understanding the molecular basis of diseases is crucial for effective treatment. "We

control the disease, the disease does not control us," emphasizes Dr. Prus, highlighting her philosophy of empowering patients to take an active role in their healthcare journey.

Her expertise encompasses a wide range of Endocrine disorders, including but not limited to adrenal disorders, diabetes, polycystic ovary syndrome (PCOS), parathyroid disorders, and thyroid disorders. Dr. Prus's vast knowledge and experience enable her to tailor individualized treatment plans that cater to the unique needs of each patient.

Dr. Prus earned her Medical Degree from the prestigious Albert Einstein College of Medicine in 1992, followed by an Internal Medicine residency at NewYork-Presbyterian Hospital (Columbia University Campus) and a fellowship in Endocrinology, Diabetes, and Metabolism at Montefiore Medical Center/Albert Einstein College of Medicine (Moses and Weiler Campuses). Her academic training laid a strong foundation for her practice which she has further enriched during her tenure at Empire Medical Associates from 2004 to 2019.

In addition to her clinical practice, Dr. Prus is recognized as a Diplomate of the American Boards of Internal Medicine and Endocrinology, Diabetes, and Metabolism. She is also a Fellow of the American Association of Clinical Endocrinology and an active member of the Endocrine Society, ensuring she stays at the forefront of advancements in her field.

Optum Medical Care is thrilled to have Dr. Prus on board, whose dedication to patient-centered care and extensive clinical expertise greatly enhance the Endocrinology services offered to patients across New Jersey.

Learn More About Dr. Dina S. Prus:

Through her findatopdoc profile: <https://www.findatopdoc.com/doctor/8122884-Dina-Prus-Endocrinology-Diabetes>

or through Optum: <https://east.optum.com/providers/dina-prus/>

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Media Contact

Your Health Contact

*****@yourhealthcontact.com

Source : Dr. Dina S. Prus

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