

Can Touching the Gums with the Tongue During Tooth Eruption Cause Crooked Teeth? - Dr. Lehrfield, Smile Design Center

Uncovering the Myths and Facts About Tongue Contact and Tooth Growth



Timonium, Maryland Jan 9, 2025 ([IssueWire.com](https://www.IssueWire.com)) - As children transition from baby teeth to their permanent set, many parents find themselves questioning every aspect of their child's dental development. A common question that has puzzled parents is: *Can touching the gums with the tongue*

during permanent tooth eruption cause teeth to grow crooked? [Dr. Yehuda Lehrfield](#), a trusted expert in [restorative and cosmetic dentistry](#) in Baltimore, is here to address this myth and provide parents with clarity and actionable advice.

According to Dr. Lehrfield, the position and alignment of teeth are primarily influenced by genetic factors and the natural development of the jaw. “While it’s true that certain habits, such as prolonged thumb-sucking or improper tongue posture, can contribute to alignment issues, simply touching the gums with the tongue during tooth eruption is unlikely to have any significant impact,” he explains.

Dr. Lehrfield’s expertise in restorative and cosmetic dentistry makes him a sought-after professional for creating and maintaining beautiful, healthy smiles. He emphasizes that early dental visits and monitoring a child’s oral health are crucial to ensuring proper development. “Parents should focus on guiding their children toward healthy oral habits, like proper brushing and avoiding prolonged use of pacifiers or bottles,” he advises.

Tips for Parents

- **Schedule an Early Dental Check-Up:** Dr. Lehrfield recommends visiting a dentist when the first tooth erupts or by the child’s first birthday.
- **Monitor Oral Habits:** While normal tongue movements are harmless, parents should discourage prolonged thumb-sucking or tongue-thrusting.
- **Encourage Proper Oral Hygiene:** Teaching children to brush and floss early creates a foundation for lifelong oral health.

Dr. Lehrfield’s Commitment to Healthy Smiles

Dr. Lehrfield’s easy-going personality and passion for patient comfort have made him a favorite among patients in Baltimore. Whether addressing common concerns like crooked teeth or performing advanced procedures such as Invisalign and laser dentistry, Dr. Lehrfield is dedicated to restoring confidence through beautiful smiles. His extensive training, including an Advanced Education in General Dentistry residency, ensures patients receive the highest standard of care.

Dr. Lehrfield is also a family man who understands the importance of providing compassionate, personalized care for children and adults alike. “As a father of six, I’m deeply aware of how small concerns about a child’s dental health can weigh heavily on a parent’s mind. My goal is to provide answers and solutions that give families peace of mind,” he says.

About Dr. Yehuda Lehrfield

Dr. Yehuda Lehrfield graduated from the University of Maryland School of Dentistry and completed his Advanced Education in General Dentistry residency in 2019. Certified in laser dentistry and Invisalign, he is passionate about continuing education and staying at the forefront of dental advancements. When he’s not restoring smiles, Dr. Lehrfield enjoys biking, hiking, and spending quality time with his wife, Malki, and their six children.

For more information or to schedule a consultation with Dr. Lehrfield, visit his Baltimore practice today.

Contact Information:

[The Smile Design Center of Dr. Yehuda Lehrfield](#)

2324 W Joppa Rd Suite 110

Timonium MD 21093

410-321-1100

<https://www.smiledesigndoctor.com/>



Media Contact

The Smile Design Center of Dr. Yehuda Lehrfield

*****@gmail.com

410-321-1100

2324 W Joppa Rd Suite 110

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