

# **Megha Abraham, MD Joins UT Physicians Orthopedics–Memorial Villages As New Primary Care and Sports M**

Houston Native Brings Expertise in Injury Management and Community Health to Local Patients



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Orthopedics – Memorial Villages is pleased to announce the addition of Megha Abraham, MD, a primary care and sports medicine specialist, to its medical team. As a Houston native and former athlete, Dr. Abraham is passionate about helping her patients enhance their physical activity while minimizing the risk of injury. Her clinical interests focus on musculoskeletal injury prevention and management, concussion diagnosis and management, endurance sports, exercise prescription, and ultrasound-guided procedures.

Dr. Abraham completed her Doctor of Medicine at Xavier University School of Medicine in 2019 and went on to finish her family medicine residency at Henry Ford Hospital in Detroit, Michigan, in 2023. She further honed her expertise with a sports medicine fellowship at UTHealth Houston in 2024.

With her board certification from the American Board of Family Medicine and a Certificate of Added Qualification (CAQ) in Sports Medicine, Dr. Abraham is well-equipped to provide comprehensive care to her patients. Her membership extends to the American Academy of Family Physicians, the American College of Sports Medicine, and the American Medical Society for Sports Medicine.

In addition to her clinical practice, Dr. Abraham serves as an Assistant Professor in the Department of Family and Community Medicine at McGovern Medical School at UTHealth Houston. Her role extends beyond academia as she is actively involved with the local community, serving as a team physician for Spring Branch Independent School District and the medical staff for the Chevron Houston Marathon.

Demonstrating her commitment to community health through various philanthropic efforts in Detroit, Dr. Abraham organized a women's health event for female athletes at Wayne State University in 2023, led an asthma workshop at Downtown Boxing Gym in 2022, supported the Renaissance High School Medical Club from 2022-2023, contributed to Detroit Street Medicine throughout her time in residency, and participated in Fit Kids on the Move, highlighting her dedication to improving healthcare access for underserved populations.

Dr. Abraham's mission is clear: to help her patients return safely to the activities they love. With her comprehensive background in sports medicine, community engagement, and a personal understanding of the athlete's mindset, she is poised to make a significant impact at UT Physicians Orthopedics – Memorial Villages.

### **Learn More about Dr. Megha Abraham:**

Through her [findatopdoc](#) profile,

<https://www.findatopdoc.com/doctor/85022579-Megha-Abraham-Sports-Medicine-Specialist> or through McGovern Medical School, UTHealth Houston, <https://med.uth.edu/familymedicine/2024/09/06/megha-abraham-md/>

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Source : Dr. Megha Abraham

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