

Introducing John Matthews, MD: A Board-Certified, Fellowship-Trained Orthopedic Sports Medicine Surgeon

Specializing in Sports Injuries, Advanced Minimally Invasive Surgical Techniques, and Comprehensive Patient Care



New York City, New York Dec 2, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dignity Health Medical Group Orthopedics and Sports Medicine - Mercy Gilbert is pleased to announce the continued dedication of John Matthews, MD, a highly regarded orthopedic sports medicine surgeon. Dr. Matthews brings a wealth of experience and expertise in treating nonoperative and operative sports injuries, enhancing the medical

group's commitment to providing exceptional care to athletes and active individuals in the community.

Dr. Matthews is credentialed and approved to perform surgical procedures at several prestigious facilities, including Chandler Regional Medical Center, Mercy Gilbert Medical Center, Arizona Speciality Hospital, St. Joseph's Hospital and Medical Center, and Yavapai Regional Medical Center (East and West). His extensive skill set encompasses a variety of advanced orthopedic procedures pertaining to the shoulder, elbow, hip, knee and ankle. Dr. Matthews specializes in minimally invasive arthroscopic surgical procedures addressing bone, tendon, ligament, cartilage, meniscus, and labrum injuries. His dedication to cutting-edge techniques and personalized care has earned him a reputation as one of the leading orthopedic surgeons in the region. He is also proficient in ultrasound-guided injections for the shoulder, elbow, hip, knee, and ankle.

Born in Iran and raised in Tucson, Arizona, Dr. Matthews has an impressive educational background. He earned a Bachelor of Science Degree in Physiology, with minors in Business and Chemistry from the University of Arizona, where he was named to the Dean's List with Distinction. He later obtained his Medical Degree from the University of Arizona College of Medicine - Tucson, receiving the Medical Award of Excellence Grant and multiple scholarships. Dr. Matthews was inducted into the prestigious Alpha Omega Alpha Honor Society for his outstanding academic performance.

Following his medical education, Dr. Matthews completed his orthopedic surgery residency at the University of Buffalo - SUNY, where he was awarded the Kaleida Health and AANA Resident Scholarship Awards and served as the assistant team doctor for various Division 1 sports teams. He further honed his skills during a fellowship in orthopedic sports surgery at the renowned Thomas Jefferson Rothman Institute in Philadelphia, where he gained invaluable experience as an assistant team physician for the Philadelphia Eagles, Phillies, Flyers, and Saint Joseph's University Division 1 team coverage.

Dr. Matthews is an active member of several professional organizations, including the American Academy of Orthopedic Surgeons, the American Orthopedic Society for Sports Medicine, and the Arthroscopy Association of North America. He has authored multiple publications and delivered presentations on orthopedic sports surgery at national conferences.

Throughout his medical career, Dr. Matthews has received numerous accolades, including being named a Top Doctor for Gilbert, Arizona, in 2022. His dedication to excellence is further highlighted by awards such as the Medical Award of Excellence Grant from 2011-2014 and his consistent recognition on the Dean's List during his undergraduate studies.

Outside of his medical practice, Dr. Matthews enjoys carpentry, home remodeling, traveling, snowboarding, and acting. He is fluent in both English and Persian and has a personal passion for vacationing in mountain cabins.

Learn More about Dr. John Matthews:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/83834246-John-Matthews-Orthopedist> or through Dignity Health, <https://www.dignityhealth.org/ourdoctors/1972982130-john-matthews>

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Source : John Matthews, MD

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