

Henrick Ledain, PMHNP-BC, APRN, Compassionate Mental Health Care at Beach Brain, PLLC in Wilmington, North Carolina

Board-Certified Psychiatric Nurse Practitioner Offers Patient-Centered Services for Diverse Mental Health Needs



New York City, New York Dec 19, 2024 ([Issuewire.com](https://www.issuewire.com)) - Henrick Ledain, PMHNP-BC, APRN, a

highly qualified Board-Certified Psychiatric-Mental Health Nurse Practitioner, serves as the co-owner and operator of Beach Brain, PLLC in Wilmington, North Carolina. With a commitment to providing exceptional psychiatric care to individuals of all ages, Henrick brings a wealth of knowledge and experience in diagnosing and treating a broad spectrum of mental health disorders with medication management, education, and supportive therapy.

Henrick's clinical expertise spans various conditions, including but not limited to anxiety, depression, PTSD, substance abuse, ADHD, mood disorders, and sleep disorders. At Beach Brain, PLLC, he employs a relaxed and patient-focused approach, ensuring that each client feels heard and understood. "My approach to providing care always starts with the focus and needs of the patient," Henrick explains. "I conduct motivational-styled interviewing, which is non-judgmental and understanding. Treatment consists of a tailored individualized plan that aligns with your needs and goals for success. I utilize comprehensive screening tools to help identify underlying factors that can be contributing to decreased mental wellness."

Henrick obtained his Associate of Arts and Sciences Degree in Registered Nursing from Eastwick College in 2013, followed by his Bachelor of Science in Nursing Degree from The University of Texas at Arlington in 2016. He then went on to earn his Master of Science in Nursing Degree with a specialization in Psychiatric/Mental Health Nursing from Post University, where he studied from December 2021 to January 2024, further enhancing his ability to provide comprehensive mental health care.

With 15 years of dedicated experience in psychiatric nursing, Henrick has worked with a diverse population, including children, adolescents, and adults. His extensive background equips him to make a significant impact on the mental wellness of his clients. Henrick attributes his success to the support of his family, particularly his mother, as well as his unwavering drive and passion for helping others.

At Beach Brain, PLLC, patients can expect to feel validated and dignified in a welcoming environment. Henrick strives to empower individuals toward positive treatment outcomes through lifestyle changes, evidence-based pharmacological interventions, and supportive therapy. His holistic approach ensures that every client receives the highest standard of care tailored to their unique needs.

Learn More about Henrick Ledain:

Through his online profile, <https://todaysnurse.org/nurse/4149416>

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Source : Henrick Ledain, PMHNP-BC, APRN

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