

Dean C. Perfetti, MD, MPH: A Leader in Spine Surgery with Somers Orthopaedic Surgery & Sports Medicine Group

Expert Orthopaedic Surgeon Offers Motion Preserving Spine Procedures including Endoscopic Spine Surgery and Disc Replacement Surgery Across Multiple Locations in New York and Connecticut



New York City, New York Dec 16, 2024 ([Issuewire.com](https://www.issuewire.com)) - Somers Orthopaedic Surgery & Sports Medicine Group is proud to announce the continued dedication of Dean C. Perfetti, MD, MPH, a fellowship-trained orthopaedic surgeon specializing in spine surgery. Dr. Perfetti sees patients at their

Mount Kisco, Carmel, Newburgh locations in New York, and the Danbury location in Connecticut. His hospital affiliations include Northern Westchester Hospital, Putnam Hospital, and Phelps Hospital.

Dr. Perfetti's clinical expertise encompasses the comprehensive care of back and neck injuries. He is dedicated to treating conditions ranging from acute traumas such as herniated discs and fractures, to chronic ailments including arthritis, stenosis, and spinal abnormalities. With a focus on promoting the health of the vertebral column, spinal cord, and nerve roots, Dr. Perfetti aims to alleviate pain and restore function, guiding patients back to their active lifestyles.

With advanced training in complex cervical, thoracic, and lumbar spine surgeries, Dr. Perfetti places special emphasis on motion-preserving techniques, including total disc replacement and minimally invasive spine surgery. He incorporates cutting-edge robotics, mixed reality and navigation technologies into his practice, ensuring optimized outcomes for his patients. He has a particular interest in endoscopic spine surgery, and he performed the first uniportal transforaminal endoscopic spine surgery at Northern Westchester Hospital.

At Somers Orthopaedic Surgery & Sports Medicine Group, patient-centered care is a cornerstone of the practice, and Dr. Perfetti embodies this philosophy. He collaborates closely with each patient to craft personalized treatment plans that address their unique needs and aspirations. Through thorough consultations and diligent follow-ups, he delivers comprehensive care that spans the entire treatment journey, from diagnosis to recovery.

Dr. Perfetti's academic credentials are equally impressive. He graduated with the highest honors from Columbia University, earning the distinction of Summa Cum Laude and Phi Beta Kappa. He then pursued a dual Medical Degree and Master of Public Health Degree from the State University of New York Downstate College of Medicine, graduating at the top of his class with Alpha Omega Alpha and Beta Iota Chapter of Delta Omega honors. His residency in orthopaedic surgery at the Zucker School of Medicine at Hofstra Northwell concluded with his role as Chief Resident, followed by a prestigious spine surgery fellowship at the Texas Back Institute, a pioneer in Total Disc Replacement in the United States.

Dr. Perfetti is an active member of several professional organizations, including the Society for Minimally Invasive Spine Surgery, the American Academy of Orthopaedic Surgeons, and the North American Spine Society. With over 30 Orthopaedic publications in peer reviewed journals and with equally as many poster and podium presentations, Dr. Perfetti is committed to advancing medical knowledge and has earned recognition for his excellence in both research and clinical practice.

Beyond his professional achievements, Dr. Perfetti has a personal background steeped in athletics, having played soccer for F.C. Westchester and transitioned to football at Columbia University, where he excelled as a Division 1 kicker/punter.

Patients seeking exceptional spine care can trust Dr. Perfetti's dedication to enhancing their quality of life through innovative surgical techniques and compassionate care.

Learn More about Dr. Dean C. Perfetti:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/84926237-Dean-Perfetti-Orthopedist> or through Somers Orthopaedic Surgery & Sports Medicine Group, <https://www.somersortho.com/provider/dean-c-perfetti-md-mph>

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Source : Dr. Dean C. Perfetti

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