

# Unleashing True Potential: Crispin Woods, DC, Guides Individuals to Live Aligned, Fulfilling Lives

Empowering Transformation Through Perception Alignment Coaching in Costa Mesa, California



**New York City, New York Nov 13, 2024 ([Issuewire.com](https://www.issuewire.com))** - Crispin Woods, DC, a dedicated Perception Alignment Coach at Alignment Alchemy, is on a mission to empower individuals to uncover their true selves, ignite their passions, and embark on the journey toward living the life of their dreams. With a unique approach that emphasizes the release of both conscious and subconscious limiting perceptions, Dr. Woods helps clients align their actions with their core values, paving the way to an extraordinary life.

His journey is one of profound self-discovery and transformation. As a high school graduate, Dr. Woods was uncertain about his future, often swayed by the expectations of others. At the age of 20, he felt drawn to life coaching and psychology but hesitated, fearing financial instability and the possibility that his youth would undermine his credibility. Instead, he embarked on a path that led him through personal training and massage therapy, eventually earning a Doctorate in Chiropractic from Southern California University of Health Sciences.

Despite achieving what many would consider success—a stable job, financial independence, and material comforts—Dr. Woods felt a persistent dissatisfaction with his career. By 33, he recognized that his professional life did not resonate with his true self or calling, leaving him unhealthy and emotionally

drained. This realization prompted a turning point; he left his job and returned home, seeking a new direction.

Revisiting his passion for psychology and self-help, Dr. Woods connected with a life coach who inspired him to build a career aligned with his core values. This transformative experience laid the groundwork for his new business model as a coach. With continued guidance from another coach, he refined his goals and embraced the process of creating a meaningful career.

Starting as a chiropractor at Neuro-Muscular Connection in Rancho Cucamonga from February 2014 to March 2016, Dr. Woods focused on enhancing patients' neuromuscular health. He then continued in chiropractic care at Spinal Health Center in Bellevue, Washington, from March 2016 to April 2017, followed by two years at Vitality Chiropractic Center, where he served until April 2020. However, in December 2020, Dr. Woods embraced his true calling as a Perception Alignment Coach at Alignment Alchemy, where he now dedicates his efforts to guiding others in discovering their potential and leading fulfilling lives.

### **Learn More about Dr. Crispin Woods:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1221585-Crispin-Woods-Chiropractor> or through Alignment Alchemy, <https://www.alignment-alchemy.com/about-dr-woods>

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### **Media Contact**

Your Health Contact

[clientservice@yourhealthcontact.com](mailto:clientservice@yourhealthcontact.com)

Source : Crispin Woods, DC

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