

Manila Jindal, MD: Trusted Internist Delivering Exceptional Medical Care at Your Door

Redefining Medicine with House Calls Across Queens, Central, and Eastern Long Island, New York



New York City, New York Nov 21, 2024 ([IssueWire.com](https://www.issuewire.com)) - MedRedefined, founded by Dr. Manila Jindal, MD, is transforming the healthcare landscape by delivering high-quality, evidence-based medical care directly to patients' homes. Located in Smithtown, New York, MedRedefined is committed to redefining traditional healthcare with a focus on personalization and convenience.

Dr. Jindal's philosophy is simple yet profound: to provide comprehensive house calls in a calm, comfortable, and familiar environment. This innovative approach includes thorough physical examinations and in-home blood testing, ensuring precise diagnoses and tailored treatment plans for every patient. MedRedefined offers a wide range of medical services, including primary care, urgent care, medication management, multi-specialist care coordination and even IV vitamin therapy to list a few.

By expanding beyond the limitations of traditional office visits, MedRedefined brings healthcare directly to patients' homes, workplaces, or any setting they prefer. Patients experience more than just health care—they receive personalized care plans designed to address their unique needs. Dr. Jindal places a strong emphasis on listening to her patients, ensuring individualized care strategies that align with their specific ailments. This patient-centered approach is further enhanced by seamless coordination with primary care providers or specialists when necessary, ensuring patients receive comprehensive and continuous care.

Dr. Jindal's impressive educational background includes a Bachelor of Science Degree in Biology from George Mason University and a Doctor of Medicine Degree from Virginia Commonwealth University School of Medicine. She completed her residency at Howard University Hospital and pursued further specialization through the AHA Cardiometabolic Program at NYU Langone Medical Center in NYC.

As a board-certified internist, Dr. Jindal brings extensive experience treating patients aged 18 and older throughout Central and Eastern Long Island. She has experience working at large healthcare systems such as NYU Langone treating severely-ill patients as well as outpatient clinics providing routine preventative and primary care.

Dr. Jindal's commitment to improving medical care extends to clinical research, focusing on improving medical care through precision medicine and individualized treatment approaches. She is particularly interested in understanding why South Asians face an increased risk of cardiovascular disease, a key area of her research. She was the lead post-doctoral research fellow in clinical trial CHORD (Cholesterol Lowering and Residual Risk in Diabetes) at NYU and received an Excellence in Research Award for her contributions.

Residing in Northport, New York, Dr. Manila Jindal is excited to serve her community and enhance the healthcare experience for patients through MedRedefined.

Learn More about Dr. Manila Jindal:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/85022472-Manila-Jindal-Internist> or through MedRedefined, <https://medredefinedny.com/>

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