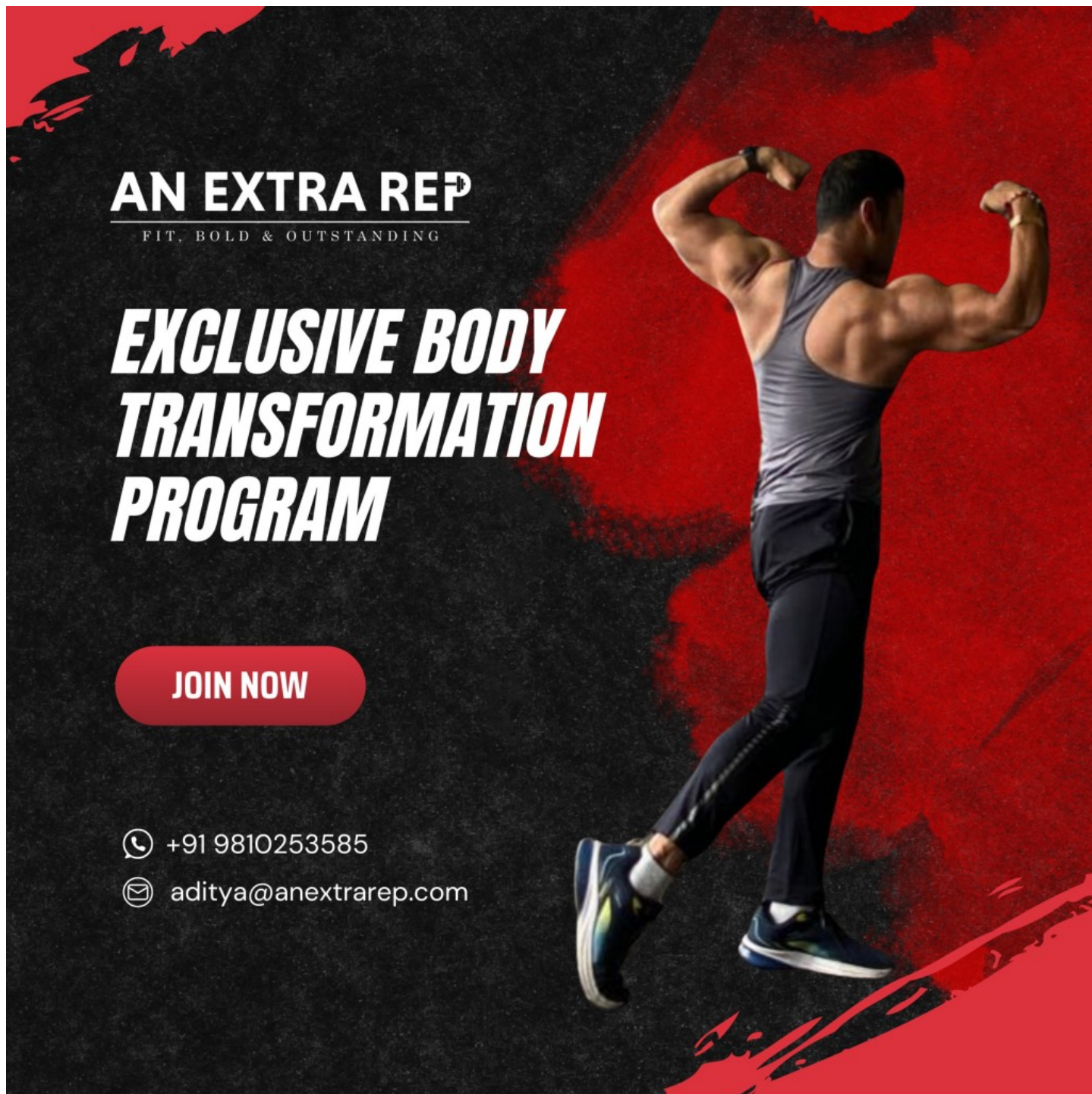


Leading Fitness Coach, Aditya Shrivastava, Opens Slots for Exclusive Body Transformation Program



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Bhopal, Madhya Pradesh Nov 20, 2024 ([Issuewire.com](https://www.issuewire.com)) - Aditya Shrivastava, widely recognized as India's leading [body transformation coach](#), has opened limited slots for his popular Body Transformation Program. Known for his expertise and ability to deliver exceptional results, Aditya has worked with athletes, fitness models, and corporate professionals, helping them achieve their dream physique.

The [body transformation program](#) fits well into multiple fitness aspirations, whether it's losing body fat and achieving abs, building strength and stamina, preparing for bodybuilding or fitness modeling competitions, or getting ready for a wedding or portfolio shoot. Aditya's approach is unique, combining personalized training schedules with meal plans specifically planned to individual preferences. He ensures that participants, whether vegetarian, non-vegetarian, or eggetarian, can enjoy their favorite foods while making significant progress.

One can see significant changes in the body in as little as 8 to 12 weeks, with programs ranging from 12 weeks to a year, depending on individual goals. Aditya places a strong emphasis on building strength, shape and cardiovascular health, ensuring participants not only achieve their desired look but also enjoy improved posture, stamina, and overall well-being.

With over 20 years of experience training worldwide and with hundreds of fitness enthusiasts, Aditya's hands-on approach and deep understanding of fitness make his **body transformation** program a standout. He believes that fitness should be adaptable and sustainable, allowing people to incorporate workouts and healthy eating into their busy lives. This philosophy has earned him accolades from clients across various walks of life.

"Haven't met any other person other than Aditya who has such good knowledge of bodybuilding and fat loss," says Tijo J Thomas from Gurgaon.

"A skilled and technically sound trainer is critical to a successful and impactful bodybuilding program. I struggled a lot to find a reliable trainer until I met Aditya Shrivastava, who helped me to correct my diet, sleep, and workout program. Achieved my goals through his right guidance within three months' time... Highly recommended," shares Ekanta Bisoyi from Pune.

For those looking to achieve a complete body transformation, whether for a competition, a milestone event, or personal health and confidence, this is a great opportunity to train with one of the best in the industry. With limited slots available, now is the time to take the first step toward the body you've always wanted.

About Aditya

[Aditya Shrivastava](#) is a renowned body transformation coach operating under his fitness venture, [AnExtraRep](#) and the co-founder of [UnusualDigital](#), a digital marketing agency. He is known for helping individuals overcome barriers to fitness while enjoying the process. Aditya's philosophy combines knowledge, customization, sustainability, and results-driven methods to create lasting transformations.

For more information and enrollment details about the body transformation program, drop an email at aditya@anextrarep.com



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