

Laura Slap-Shelton, PsyD: Expert in Neuropsychology and Psychotherapy for Healing and Transformation

Integrating Brain, Spirit, and Emotion: Guiding You to Create the Life You Desire



New York City, New York Nov 14, 2024 ([Issuewire.com](https://www.issuewire.com)) - Laura Slap-Shelton, PsyD, a seasoned psychologist with over 20 years of experience, is the proud owner of Slap-Shelton Neuropsychology Group, located in Biddeford, Maine. Specializing in neuropsychology, Dr. Slap-Shelton and her colleague, Dr. Ann Palozzi, PsyD, are dedicated to serving the autistic and neurodiverse community, providing comprehensive neuropsychological evaluations and psychotherapy for individuals of all ages.

At SlapShelton Neuropsychology Group, the focus is on fostering internal harmony and helping clients achieve the life they envision. Through detailed neuropsychological assessments, clients gain insights into their cognitive and emotional functioning, leading to diagnostic clarity and personalized recommendations. The practice offers individual therapy for children aged 9 and up, adults, and couples therapy, catering to a wide range of mental health needs.

Dr. Slap-Shelton's personal journey profoundly shapes her professional focus. After experiencing the tragic loss of her husband at the age of 35 while raising their 13-month-old daughter, she developed a deep interest in grief. This journey of loss, which she describes as a "terrible gift," opened her eyes to the transformative power of grief and renewal. Dr. Slap-Shelton is passionate about helping others navigate their grief experiences, emphasizing the importance of finding wisdom, compassion, and insight during the recovery process.

Having relocated from Philadelphia to Kennebunk, Maine, Dr. Slap-Shelton is excited to embark on this new chapter with her daughter and their blended family. This transition has inspired her to launch Grief and Renewal.com, a dedicated platform aimed at supporting individuals transforming their grief into a meaningful legacy for themselves and their communities.

An accomplished author, Dr. Slap-Shelton has published works on various topics, including child psychotherapy, the intersection of psychoanalytic theory and neuroscience, and grief. Her publications include children's books on stress, relaxation, and grief, and she is currently working on a grief journal and a book focused on young widows.

By integrating her expertise in neuropsychology and her compassionate understanding of grief, Dr. Slap-Shelton is committed to helping clients overcome profound loss, address anxiety and depression, and develop effective strategies for living a fulfilling life.

Learn More about Dr. Laura Slap-Shelton:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/3329102-Laura-Slap-Shelton-Psychologist> or through SlapShelton Neuropsychology Group, <https://slapsheltonneuropsychologygroup.com/staff/administrator-one/>

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