

Isam Balat, MD: A Pillar of Women's Health in Houston Celebrates Over 40 Years of Exceptional Care

Greater Houston's Leading Obstetrician-Gynecologist Continues to Transform Lives Through Compassionate Healthcare and Innovative Treatments



New York City, New York Nov 26, 2024 ([Issuewire.com](https://www.issuewire.com)) - Isam Balat, MD, a distinguished obstetrician-gynecologist in the greater Houston area, has been a beacon of hope and care for women and families since he began his practice in 1976. With a career spanning over four decades, Dr. Balat is renowned for his expertise in infertility, endometriosis, and minimally invasive surgical procedures, earning him a place among the top healthcare providers in the region.

Dr. Balat firmly believes that the foundation of a successful patient-physician relationship lies in active listening. “The key element to a successful patient/physician relationship is to listen to the patient as she describes her symptoms. When I prepare a treatment plan, I take into consideration every factor as they relate to the patient – symptoms, clinical findings, patient beliefs, and personality,” he stated, underscoring his commitment to personalized patient care.

As a leading infertility expert and ovulation induction specialist, Dr. Balat’s primary goal is to support couples on their journey to parenthood. His comprehensive approach to infertility includes extensive evaluations to identify underlying causes, paired with a range of medication options and surgical procedures. Notably, he performs minimally invasive procedures (MIPs) for fibroid removal, ensuring patients receive thorough evaluations and treatments all in one place, with close supervision.

Dr. Balat is also recognized as an “endometriosis specialist” and is a lifetime member of the Endometriosis Association. He is dedicated to improving the lives of women suffering from this challenging condition through minimally invasive surgical techniques. His commitment to advancing women's health continues with the establishment of the Binz Surgery Center, where he performs surgeries for various gynecological conditions, including fibroids, endometriosis, and pelvic prolapse.

A graduate of The University of Texas Medical Branch at Galveston, Dr. Balat completed his post-graduate training at the University of Texas Medical School in Houston. In 1998, he founded Plaza OB/GYN Associates in the museum district, further expanding his impact within the community.

Among his many innovative offerings, Dr. Balat was one of the first physicians in Houston to provide the MonaLisa Touch®, a hormone-free treatment for atrophic vaginitis, which benefits women experiencing menopausal symptoms, those who have had hysterectomies, and breast cancer survivors. His commitment to minimally invasive procedures ensures that patients experience reduced hospital stays and faster recovery times, allowing them to return to their loved ones sooner.

Dr. Balat’s extensive experience is further complemented by his board certification in obstetrics and gynecology from the American Board of Obstetrics and Gynecology (ABOG). His mission aligns with the ABOG’s commitment to define standards and facilitate continuous learning to enhance the field of women’s health.

Certified and accredited by some of the most prestigious organizations in the country, Dr. Balat is an active member of the International Association for Physicians in Aesthetic Medicine, the Houston Gynecological & Obstetrical Society, the Harris County Medical Society, the Texas Medical Association, the American Medical Association, the American Society for Reproductive Medicine, and the American Association of Gynecologic Laparoscopists. Additionally, he is a Fellow of the American College of Obstetricians and Gynecologists (FACOG) and a Lifetime Member of The University of Texas Medical

School at Houston: Alumni Association.

Dr. Balat's exemplary service has garnered numerous accolades, including On-Time Doctor Award (2020), Top 10 Doctor - Metro Area (2014), Top 10 Doctor - City (2014), Compassionate Doctor Award - 5 Year Honoree (2014, 2013), Compassionate Doctor Recognition (2020, 2018, 2017, 2016, 2014, 2013, 2012, 2011, 2010, 2009), Patients' Choice 5th Anniversary Award (2014, 2013, 2012), and Patients' Choice Award (2020, 2018, 2017, 2016, 2014, 2013, 2012, 2011, 2010, 2009, 2008). His consistent recognition by patients and peers alike highlights his unwavering commitment to compassionate and quality care.

In addition to his medical practice, Dr. Balat is deeply involved in community initiatives, advocating for women's health and well-being. His specialized care in infertility, endometriosis, and minimally invasive procedures demonstrates his dedication to enhancing the quality of life for women in Houston.

As Dr. Isam Balat continues to make a significant impact in the field of obstetrics and gynecology, he remains a trusted partner for women seeking expert care, compassion, and hope for their health journeys.

Learn More about Dr. Isam Balat:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/1278378-Isam-Balat-OB-GYN-Obstetrician-Gynecologist> or through Plaza OB/GYN Associates, <https://plazaobg.com/team/isam-balat-m-d/>

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