## Dr. William A. Dickman: A Pillar of Mental Health Care in Corte Madera, California

Decades of Expertise in Psychiatry with a Focus on Evidence-Based Treatments and Cultural Competency

New York City, New York Nov 18, 2024 (<u>Issuewire.com</u>) - William A. Dickman, MD, is an experienced, highly respected psychiatrist based in Corte Madera, California. Board certified, Dr. Dickman specializes in treating child, adolescent, and adult patients, addressing a range of mental health issues including obsessive-compulsive disorder (OCD), anxiety disorders, attention-deficit/hyperactivity disorder (ADHD), and depression. He tailors his treatment approach to his patient's needs, utilizing Cognitive Behavioral Therapy (CBT) with Exposure and Response Prevention (ERP) protocols when needed, as well as utilizing psychodynamic psychotherapy as indicated. He works individually with children, adolescents and adults, and also does family work and parent coaching.

Dr. Dickman's extensive training includes a child and adolescent fellowship and supervision under a prominent CBT expert, enhancing his capability to deliver quality care. He emphasizes cultural competency and has experience working with diverse populations, ensuring his practice is inclusive and sensitive to the unique backgrounds of his patients. To accommodate the needs of those in California, he also offers teletherapy services, making mental health care more accessible.

Dr. Dickman began his medical education at the University of Utah School of Medicine, followed by an internship in internal medicine at the University of Minnesota. His residency in psychiatry was at the University of California, San Francisco, followed by a fellowship there in child and adolescent psychiatry.

A Diplomate of the American Board of Psychiatry and Neurology, Dr. Dickman is actively involved with the California Medical Association and the San Francisco Marin Medical Society. He continually engages in Continuing Medical Education, focusing on the latest practices in psychotherapeutic and pharmacologic treatment for OCD, anxiety disorders, ADHD, and depression.

Recognized as a Castle Connolly Top Doctor for 25 consecutive years, Dr. Dickman has shared his knowledge through publications and speaking engagements. Passionate about his work, he is dedicated to helping his patients lead healthier, more fulfilling lives.

## Learn More about Dr. William A. Dickman:

Through his findatopdoc profile, <a href="https://www.findatopdoc.com/doctor/8132650-William-Dickman-Psychiatrist">https://www.findatopdoc.com/doctor/8132650-William-Dickman-Psychiatrist</a>

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