

Dr. Luz Maria Villanueva: Championing Passion and Intimacy for All

Renowned Clinical Psychologist and Life Coach Empowers Individuals and Families to Embrace Love and Connection



New York City, New York Nov 4, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dr. Luz Maria Villanueva, Ph.D., M.A., is a seasoned clinical psychologist, sex and intimacy coach, speaker, writer, and advocate, dedicated to helping individuals and couples find genuine connection and a life of pleasure. As the owner of “Discover Passion with Dr. Luz”, she supports clients in healing attachment wounds, enhancing

intimacy, improving communication, addressing low libido, strengthening relationships, overcoming body shame, and much more. Her compassionate, non-judgmental approach invites clients to rediscover passion in ways that feel natural and fulfilling, regardless of their past experiences.

Inspired by her personal journey, including her experiences with her son, who is deaf-blind, Dr. Luz passionately advocates for everyone's right to explore love and intimacy, regardless of physical abilities or health conditions. Her mission began when her son asked her to discuss sexuality with his friends, highlighting the essential need for open conversations about intimacy, especially among those who feel unseen or experience shame.

Dr. Luz's academic background includes a Master's in Psychology and a Ph.D. in Clinical Psychology, as well as certification as a counselor and instructor. She has taught at Southwestern and Grossmont Colleges, where she explored cultural perspectives and the role of the brain and nervous system in shaping behavior. Her approach integrates psychology, neurobiology, cross-cultural understanding, and personal insight, creating a holistic and empathetic framework for addressing intimacy across diverse cultures.

Through workshops, international speaking engagements, podcast guest appearances across the USA and abroad, and published work—including contributions to "Latinas Con Poder" magazine and her former bi-monthly column for "La Prensa"—Dr. Luz has become a trusted voice on intimacy and cultural issues.

As co-founder and president of "Latinas With Purpose", Dr. Luz furthers her dedication to empowering women and promoting healing through writing and art. She remains committed to continuous training, currently studying Tantra under Layla Martin and having trained in a group led by Esther Perel.

Fluent in English and Spanish, Dr. Luz connects with clients from diverse backgrounds, including mixed marriages, across the USA and internationally, guiding them toward fulfilling and meaningful relationships. Whether you're seeking to reignite passion, address specific intimacy concerns, or build a stronger connection with yourself or a partner, Dr. Luz offers the expertise and warmth to help you take that journey with confidence.

Learn More about Dr. Luz Maria Villanueva:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/85022331-Luz-Villanueva-Psychologist>, through her website,

<https://www.discoverpassionwithdrluz.com> or through Latinas With Purpose,

<https://www.latinaswithpurpose.org/board-of-directors>

<https://www.linkedin.com/in/luz-maria-villanueva-ph-d-9>

Instagram@ discoverpassionwithdrluz **About FindaTopDoc.com**

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