

Dr. Bonnie Floyd: Supporting Individuals with Chronic Illnesses

Bridging the Gap Between Doctor and Patient Experiences



New York City, New York Nov 4, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dr. Bonnie Floyd, a licensed clinical psychologist specializing in health psychology, strives to empower patients diagnosed with chronic illnesses through BetterHelp. With nearly two decades of clinical experience and a deep understanding of both patient and provider perspectives, she is dedicated to helping those affected by chronic conditions lead more fulfilling lives.

Pertaining to her educational pursuits, she holds a Ph.D. in Clinical Health Psychology from the prestigious Albert Einstein College of Medicine/Yeshiva University, Ferkauf Graduate School of Psychology. Her extensive experience spans both inpatient and outpatient settings, where she has honed her skills in psychological pain management, biofeedback, and psychotherapy. For the past nineteen years, she has focused primarily on geriatric patients, conducting comprehensive neuropsychological assessments and providing supportive psychotherapy in nursing home environments.

In 2019, Dr. Floyd published her groundbreaking book, "Remarkable Journey: My Dual Perspectives as Doctor and Patient". This poignant work shares her dual insights as a clinician and as someone managing her chronic health conditions. Her unique perspective resonates with many who feel isolated in their struggles, providing a compassionate voice to those seeking guidance and understanding.

Dr. Floyd employs a cognitive-behavioral approach in her practice, assisting clients in identifying maladaptive thought patterns and behaviors, and guiding them towards healthier alternatives. Her long-standing interest in mood disorders, particularly major depressive disorder, allows her to offer specialized support to individuals facing these challenges.

"We often underestimate the emotional toll that chronic illness can take on individuals and their families," said Dr. Floyd. "My goal is to create a safe space where patients can explore their feelings, learn coping strategies, and cultivate resilience."

Learn More about Dr. Bonnie J. Floyd:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2448112-Bonnie-Floyd-Psychologist> or through Mind Diagnostics, <https://www.mind-diagnostics.org/listing/167881-Dr-Bonnie-Floyd>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey toward optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Dr. Bonnie Floyd

[See on IssueWire](#)