

# **Samuel Hickson, PhD, LCSW, NPT-C, MSSA, MBA, ACE-CHC: A Leader in Mental Health Advocacy and Clinical Practice**

**Innovative Practitioner Brings Decade of Experience in Health Social Work and Mental Health Research to Enhance Client Care**



**New York City, New York Oct 11, 2024 ([Issuewire.com](https://www.issuewire.com))** - A dedicated Clinical Social Worker with

extensive experience in health social work and clinical practice, Samuel is affiliated with Serenity Counseling and Support Services, with offices in Henderson and Las Vegas, Nevada.

In his current role, he offers therapeutic support to adults aged 15 and older in a variety of areas, including anxiety disorders, trauma, depression, and LGBTQIA+ mental health. His therapeutic approach emphasizes the collaborative development of goals, ensuring that clients are active participants in their healing journey. He employs a range of evidence-based therapeutic interventions, including Narrative Cognitive Processing Therapy, Cognitive Behavioral Therapy, and Neuropsychotherapy.

Pertaining to his educational pursuits, Samuel holds a Doctor of Philosophy in Advanced Studies in Human Behavior and an MBA from Capella University, as well as a Master of Science in Social Administration from Case Western Reserve University. His diverse educational background equips him with a unique perspective on mental health issues that affect individuals across various demographics.

For over a decade, he has honed his skills in health social work across continents, working and consulting in outpatient specialty clinics and non-profit organizations operating in North and South America, Europe, and Africa. His international experience has provided him with insight into the multifaceted nature of mental health challenges, particularly those faced by marginalized communities. His commitment to education also extends to academia, where he guest-lectures at the University of Nevada, Las Vegas on topics such as mental health integration in medical practices and diagnostic differentials in neurodegenerative diseases.

Deeply committed to continuing his professional development, Samuel constantly seeks new knowledge to enhance his therapeutic practice. He advocates for a holistic approach to mental health, recognizing the mind's inherent capacity for self-healing, with therapy serving as a guiding force. His research interests focus on mental health stigma reduction and improving access to mental health resources, especially for the sexual and gender minority community.

#### **Learn More about Dr. Samuel Hickson:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/84688677-Samuel-Hickson-Social-Worker> or through Serenity Counseling and Support Services, <https://serenitysupportservices.com/about/therapists/samuel-j-hickson/>

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