Clayton A. Brigance, PhD, LPC: A Beacon of Hope in Couple Therapy and Infertility Counseling in St. Louis

Renowned Licensed Professional Counselor, Gottman Therapist, and Clinical Director/Founder of Shiloh Counseling, LLC, Specializing in Reproductive Trauma Research



New York City, New York Oct 11, 2024 (<u>Issuewire.com</u>) - Dr. Clayton A. Brigance has established himself as one of St. Louis's foremost practitioners in couple therapy and one of the country's leading experts in the effects of infertility and reproductive loss. He founded Shiloh Counseling, LLC, a compassionate space dedicated to supporting individuals and couples through their unique life journeys, regardless of their specific struggles.

"At Shiloh Counseling LLC, our mission is to empower individuals and couples with skills, life direction and healing so that they can navigate their journey with confidence. Whether you are seeking to improve your relationships, prioritize your mental health, or provide your child with the support they need, our counseling services are designed to empower you and those you love" as stated on their website.

As the Clinical Director and Founder of Shiloh Counseling, LLC, Dr. Brigance offers a diverse range of therapeutic services including individual therapy for pre-teens, teens, and adults, couple therapy, and psychological evaluations for children aged 6 to 17. He specializes in counseling those facing reproductive trauma, including infertility and miscarriage, providing a safe and understanding environment for healing. As a Level 3 Gottman therapist, he is well-equipped to assist couples struggling with conflict, communication, and emotional connection.

With a decade of experience as a school psychologist in public education, Dr. Brigance also conducts comprehensive psychological evaluations for children and aids parents in navigating the Individualized Education Program (IEP) process. His expertise is further enhanced by his personal experiences with infertility, which he and his wife recently explored in a duoethnography published in the Journal of Couple and Relationship Therapy. His research contributions have also appeared in respected journals, including The Family Journal, Contemporary Family Therapy, and Psychological Trauma: Theory, Research, Practice, and Policy.

On a personal note, Dr. Brigance, his wife, and their two miracle boys reside in Ballwin, Missouri, although he often finds himself yearning for the hills of his home state, Kentucky.

In a landscape filled with counseling options, Dr. Clayton A. Brigance stands out for his personable, down-to-earth approach, infused with humor and grounded in scientific principles. He is dedicated to walking alongside his clients as they navigate their life journeys.

Learn More about Dr. Clayton A. Brigance:

Through his findatopdoc profile, https://www.findatopdoc.com/doctor/85022068-Clayton-Brigance-Counselor-Therapist or through Shiloh Counseling, LLC, https://shilohcounselinglic.com/meet-our-therapists

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Source: Clayton A. Brigance, PhD

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