U.S. Healthcare Costs Among the Highest in the World, With Medical Bankruptcies a Major Concern

According to the Latest OECD, WHO, and World Bank Data, the United States rated the Worst in providing Healthcare

Fort Myers, Florida Sep 9, 2024 (<u>Issuewire.com</u>) - U.S. Healthcare Costs Among the Highest in the World, With Medical Bankruptcies a Major Concern, According to Latest OECD, WHO, and World Bank Data

September 2024 — The United States stands out in global healthcare rankings, but not for the reasons Americans might hope. According to the latest data from the Organisation for Economic Co-operation and Development (OECD), the World Health Organization (WHO), and the World Bank, U.S. healthcare spending remains the highest in the developed world, with far-reaching consequences for its citizens.

Out-of-Pocket Healthcare Costs in the U.S. Skyrocket

Data from the OECD shows that the **average American spends around \$5,000 per year out of pocket** on healthcare. This is far higher than in countries with universal healthcare systems such as the United Kingdom, where the average out-of-pocket cost is just \$300 per person annually. When comparing family expenses, the average U.S. family spends over \$10,000 per year, whereas families in Italy, Spain, or France pay between \$800 and \$1,200.

This disparity is primarily driven by the U.S.'s lack of a universal healthcare system. Instead, Americans rely on a patchwork of private insurers, employer-sponsored plans, and public programs like Medicare and Medicaid. Even with insurance, deductibles, co-pays, and other expenses are a significant financial burden for many households. In contrast, government programs heavily subsidize healthcare in countries like Germany, Japan, and Norway, leading to much lower costs for individuals and families.

Medical Bankruptcy: A Distinct U.S. Phenomenon

Perhaps the most troubling aspect of the U.S. healthcare system is the frequency of **medical bankruptcies**. According to reports, an estimated 66.5% of personal bankruptcies in the U.S. are directly related to medical bills. The United States is virtually unique in this regard; countries with universal healthcare systems, such as the United Kingdom, France, and Japan, report almost **no medical-related bankruptcies**. Even in countries with partial healthcare coverage, such as **Chile**, **Turkey**, **and Mexico**, bankruptcies from medical debt are far less common than in the U.S.

One reason for the stark contrast is that **91% of Americans have health insurance**, leaving about **9% of the population uninsured**. Even those with insurance can face crippling costs due to high deductibles and coverage gaps. In countries with universal healthcare, however, **100% of the population is insured**, ensuring that no one is left without access to care, regardless of their financial situation.

Healthcare Quality: Mixed Results for the U.S.

While the U.S. is home to some of the world's most advanced medical technologies and treatments, its healthcare quality ranks far behind that of other developed nations. According to the latest OECD health

quality indicators, countries like **Japan, France, and Norway** top the charts, offering exceptional patient outcomes and universal access to care. The U.S., by comparison, ranks in the lower half of OECD nations in terms of overall healthcare quality.

While high by global standards, the U.S. life expectancy lags behind many European and Asian nations. The latest figures from the **World Bank** show that life expectancy in Japan is 84.5 years, compared to **76.4 years** in the United States. Factors such as unequal access to healthcare, high costs, and a significant portion of the population without insurance contribute to this disparity.

What Makes the U.S. Different?

The key difference between the U.S. and other OECD countries is the **lack of a universal healthcare system**. Most developed nations, including Canada, the UK, and Japan, offer their citizens comprehensive healthcare through government programs. These programs drastically reduce out-of-pocket costs and eliminate the financial risk of personal bankruptcy due to medical expenses.

Countries like **Germany and Sweden** offer universal healthcare but maintain a hybrid system where private insurers work alongside government coverage. Even in these mixed systems, the out-of-pocket costs remain well below those of the U.S. In **Germany**, for instance, out-of-pocket costs average **\$800 per person annually**, compared to **\$5,000** in the U.S.

In contrast, the **U.S. healthcare system** is largely privatized, with costs rising sharply due to administrative overhead, expensive treatments, and drug prices. According to the WHO, **pharmaceutical costs in the U.S.** are among the highest globally, significantly contributing to overall healthcare spending.

Calls for Reform Amid Growing Financial Strain

With over 500,000 Americans filing for bankruptcy yearly due to medical expenses, there are increasing calls for reform. Policymakers continue to debate the future of U.S. healthcare, with proposals ranging from expanding Medicare to all citizens to creating a public option that competes with private insurers. While the Affordable Care Act (ACA) has expanded coverage for many, critics argue that it doesn't go far enough to address the root issues of high costs and lack of coverage.

OECD, WHO, and World Bank data consistently point to a pressing need for reforms that reduce the financial burden on U.S. households and increase access to affordable care. Meanwhile, citizens like **France, Japan, and the UK** enjoy high-quality healthcare with minimal financial risk, highlighting the gap between the U.S. and its OECD counterparts.

Conclusion

As the United States grapples with its unique healthcare challenges, comparisons to other OECD nations make one clear: without significant reform, the U.S. will continue to face disproportionately high costs and medical-related bankruptcies. While many countries offer universal coverage, the U.S. stands out for its high out-of-pocket spending and mixed healthcare quality, leaving many Americans vulnerable to financial hardship when faced with medical emergencies.

The debate over how to reform the system remains as heated as ever, but one thing is sure: for many, healthcare in America is still far too expensive, and the consequences are felt nationwide.

This news story draws on data and trends observed in **OECD**, **WHO**, and **World Bank** reports and reflects current global healthcare comparisons.

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