

Unlock Your Dream Life: Drema Dial, PhD Launches Global Life Design Coaching

Transform Your Passion Into Purpose with Expert Guidance from a Leading Psychologist



New York City, New York Sep 19, 2024 ([Issuewire.com](https://www.Issuewire.com)) - A licensed psychologist and life designer, Dr. Dial is the creator of a global life design coaching program aimed at helping individuals create the lives they have always dreamed of. With a Ph.D. in Counseling Psychology from the University of Texas at Austin and extensive experience working with overachievers, she is uniquely positioned to empower her clients to find fulfillment and joy in their personal and professional lives.

Having previously enjoyed a successful career in the fashion industry, she recognized that true fulfillment transcends material possessions. "In the fashion world, I witnessed countless individuals seeking happiness through retail therapy, believing that a new outfit would change their lives," says Dr. Dial. "But I learned that the key to feeling amazing lies within ourselves, not in what we wear."

Dr. Dial specializes in coaching men and women who are tired of the constant grind and are ready to reclaim their identities. Her program is designed for those who want a career that ignites their passion, relationships that nourish their souls, and a voice that reflects their true selves. "The journey of self-discovery and life design is transformative," she explains. "It's about finding the courage to live authentically and create a life that excites you every morning."

As a member of the Texas Psychological Association, International Red Cross, Equality Texas, and the Human Rights Campaign, she is committed to enhancing the lives of her clients through empathy, empowerment, and evidence-based strategies. Her experiences on the Board of Trustees for the Texas Psychological Association and the Wright House Wellness Center further underscore her dedication to mental health and wellness.

Now, with her innovative online coaching platform, Dr. Dial extends her reach beyond her local practice to serve clients globally. Whether you're juggling career aspirations and family life or simply seeking a deeper sense of purpose, she offers personalized coaching that meets you where you are.

Learn More about Dr. Drema Dial:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/2098950-Drema-Dial-Psychologist> or through her website, <https://dremadial.com/about-dr-drema/>

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey toward optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Drema Dial, PhD

[See on IssueWire](#)