

Tyler Rushforth, DO: Board Certified Family Physician Dedicated to Holistic Health

Empowering Mental, Spiritual, and Physical Wellbeing in Cullman, Alabama and Surrounding Areas



New York City, New York Sep 6, 2024 ([Issuewire.com](https://www.issuewire.com)) - With an unwavering commitment to enhancing patient care and education, Dr. Tyler Rushforth, is the proud owner of Rushforth Family Care. The family medicine practice is dedicated to providing comprehensive healthcare services for both pediatric and adult patients in Cullman, Alabama and the surrounding communities.

Rushforth Family Care offers a wide range of healthcare services, including general health assessments, management of chronic conditions such as diabetes and hypertension, treatment for hyperlipidemia, and support for musculoskeletal and mental health disorders. Dr. Rushforth emphasizes a holistic approach to healthcare, focusing not only on treating illnesses but also on promoting overall wellness and patient education.

Dr. Rushforth is a graduate of the Alabama College of Osteopathic Medicine, earning his Doctor of Osteopathic Medicine Degree in 2019. He has developed a deep passion for rural medicine, having honed his skills and knowledge during his residency at Cahaba Medical Center. His dedication to teaching and mentorship was recognized with multiple awards, including the esteemed Resident Teacher Award and the Humanism in Medicine Award. Dr. Rushforth continues to share his expertise with the next generation of healthcare providers, engaging in virtual lectures and serving as a preceptor for third and fourth-year students from the Alabama College of Osteopathic Medicine.

The decision to establish Rushforth Family Care in 2023 stemmed from Dr. Rushforth's desire to serve the people of Cullman and its neighboring areas. His goal is to create a welcoming environment where families can receive personalized healthcare tailored to their unique needs.

In addition to his clinical work, Dr. Rushforth has a background in research, having studied Type 1 Diabetes and ABO blood type prevalence as an undergraduate. During medical school, he collaborated with peers on a study regarding hyperhidrosis, which was presented at the International Investigative Dermatology Conference in 2018.

Outside of his professional life, Dr. Rushforth enjoys traveling and outdoor adventures with his wife and children. The family cherishes their trips to destinations like Disney World and Dollywood. Dr. Rushforth also stays active by training for half marathons and finds joy in singing and playing video games as ways to unwind.

Learn More about Dr. Tyler Rushforth:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/84862811-Tyler-Rushforth-Family-Practitioner> or through Rushforth Family Care, <https://rushforthfamilycare.com/dr-tyler-rushforth/>

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Source : Tyler Rushforth, DO

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