

Kaplan Center Pioneers Comprehensive Long-COVID Recovery Services in McLean, Virginia

Kaplan Center's Long-COVID Recovery services in McLean, Virginia, offer a multidisciplinary support for individuals facing persistent COVID-19 symptoms, enhancing their journey toward health restoration.

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McLean, Virginia Sep 14, 2024 ([Issuewire.com](https://www.issuewire.com)) - The Kaplan Center, a pioneering Virginia healthcare provider, helps patients manage COVID-19 symptoms with its [Long-COVID Recovery services](#) in McLean. These services address the complex needs of individuals experiencing prolonged

symptoms following a COVID-19 infection. Recognizing Long COVID's significant impact on physical and mental health, Kaplan has developed a holistic approach to support patients in their recovery process. This initiative underscores Kaplan Center's commitment to innovative healthcare solutions and dedication to meeting the community's evolving needs.

[Long COVID](#), characterized by persistent health issues long after the initial COVID-19 infection, poses a significant challenge to many, affecting daily functioning and quality of life. Symptoms vary widely among individuals, including [fatigue](#), cognitive impairments, chronic pain, and [ongoing respiratory difficulties](#). The diverse nature of these symptoms necessitates a tailored, comprehensive approach to care. Kaplan's Long-COVID care fills a critical gap in support for those navigating the uncertain terrain of post-acute sequelae of SARS-CoV-2 infection (PASC).

"Understanding the profound toll Long COVID takes on individuals, we felt compelled to act," stated Gary Kaplan, Medical Director at Kaplan. "Our Long-COVID Recovery services are more than a medical intervention; it's a commitment to walk alongside our patients on their journey to wellness, offering hope and personalized care at every step."

Kaplan Center's Long-COVID Recovery services combine the expertise of a multidisciplinary team, including physicians, physical therapists, and mental health professionals, to create a treatment plan tailored to each patient's unique symptoms. Utilizing an innovative blend of traditional and alternative therapies, the services aim to alleviate symptoms, improve function, and enhance overall well-being. By focusing on individual patient experiences and needs, Kaplan offers a path to compassionate and effective recovery.

If you or a loved one are struggling with the lingering effects of COVID-19, Kaplan Center's Long-COVID Recovery services can help. See our [Long COVID support](#) on our website to learn more about our tailored approach to Long-COVID care and to schedule an appointment. Embrace the opportunity to heal and reclaim your health with the support of Kaplan's dedicated team.

About Kaplan:

Kaplan Center has been at the forefront of integrative medicine for decades, offering a wide range of services prioritizing holistic, patient-centered care. Based in McLean, Virginia, our clinic is renowned for its innovative treatments and commitment to addressing complex health challenges. From chronic pain management to the latest in Long COVID care, Kaplan Center is dedicated to enhancing the health and well-being of our community. Trust Kaplan Center to provide compassionate, cutting-edge care tailored to each patient's needs.

Media Contact

The Kaplan Center for Integrative Medicine

info@kaplanclinic.com

7035324892

6829 Elm Street, Suite 300

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