# Freedom Recovery Centre: Transforming Lives with Compassion and Evidence-Based Treatment

Freedom Recovery Centre, a beacon of hope and transformation, proudly announces its continued commitment...



**Nigel, Gauteng Sep 20, 2024 (**<u>Issuewire.com</u>**)** - Freedom Recovery Centre, a beacon of hope and transformation, proudly announces its continued commitment to providing exceptional rehabilitation services for individuals battling substance use disorders. Established in December 2008 with just R128 in the bank, Freedom Recovery Centre has grown into a thriving organisation that serves 142 clients

across three centres, supported by a dedicated team of 70 full-time staff and volunteers.

#### A Journey of Growth and Excellence

From its humble beginnings, Freedom Recovery Centre has expanded its reach and impact. The organisation operates three distinct centres: a subsidised centre serving 40 males and 12 female service users, a private centre catering to medical aid and cash-paying clients (30 males), and a subsidised halfway house accommodating 42 male residents. This growth reflects the unwavering passion and enthusiasm that has driven Freedom Recovery Centre since its inception.

#### **Commitment to Quality and Compliance**

Freedom Recovery Centre is in good standing with the Department of Social Development and received its registration as a rehabilitation facility in 2013, by the determinations of Act 70 of 2008 (The Prevention of and Treatment for Substance Abuse Act). This registration underscores the centre's adherence to the highest standards of care and its dedication to providing effective and ethical treatment.

#### **Award-Winning Care**

In 2018, Freedom Recovery Centre was honoured as the "Best Practices" treatment centre in Gauteng, a testament to its innovative and effective approach to rehabilitation. The centre's commitment to excellence was further recognised in 2022 when it was named the Best Drug Rehab Centre in Gauteng by MEA Market Magazine UK.

### **Comprehensive and Compassionate Treatment**

At the heart of Freedom Recovery Centre's success is its ethos of "loving people back to life." This philosophy is embodied in the centre's use of evidence-based treatment models, including pharmacotherapy, cognitive behavioural therapy, dialectical behavioural therapy, psychotherapy (individual and group sessions), and the 12 steps of a recovery program. These services are delivered by a multidisciplinary team of professionals, including registered social workers, registered counsellors, addiction counsellors, social auxiliary workers, registered nurses, enrolled nurses, a clinical psychologist, an occupational therapist, and a psychiatrist.

## **Supporting Emerging Organisations**

Freedom Recovery Centre is also dedicated to supporting the broader community of rehabilitation services. The centre has assisted emerging organisations, such as Barberton Recovery Centre and Polokwane Recovery Centre, with their registration processes. Additionally, the Freedom Recovery Centre trains emerging support groups to work effectively with individuals living with substance use disorders, further extending its impact and expertise.

#### **Expanding Services**

In addition to its comprehensive in-patient treatment facilities, Freedom Recovery Centre has successfully registered its first outpatient centre in Nigel. This centre offers a range of services, including aftercare programs and support groups, ensuring that clients receive ongoing support as they transition back into their communities.

#### **A Bright Future**

As Freedom Recovery Centre looks to the future, it remains steadfast in its mission to provide compassionate, evidence-based care to those in need. The centre's comprehensive services, included in the monthly program fees, ensure that clients receive the highest quality of support throughout their recovery journey.

For more information about Freedom Recovery Centre and its services, please visit their website at <a href="https://frcrehab.co.za/">https://frcrehab.co.za/</a>

## **About Freedom Recovery Centre:**

Freedom Recovery Centre, located in Gauteng, South Africa, is a registered rehabilitation facility dedicated to providing comprehensive and compassionate care for individuals with substance use disorders. Established in 2008, the centre offers a range of in-patient and outpatient services, supported by a multidisciplinary team of professionals. Freedom Recovery Centre is committed to "loving people back to life" through evidence-based treatment models and a comprehensive approach to recovery.



#### **Media Contact**

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Source: Freedom Recovery Centre

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