

Dr. Heather Southard - Southard Family Dentistry Offers Innovative Migraine Relief with SPG Block Therapy, Jonesboro AR

Discover how TMJ treatment at Southard Family Dentistry can help relieve migraine pain and prevent future headaches.



Jonesboro, Arkansas Sep 10, 2024 ([Issuewire.com](https://www.issuewire.com)) - Did you know that your trusted dental team at Southard Family Dentistry can provide relief from painful migraines? Many people may not realize that temporomandibular joint ([TMJ](#)) disorder can lead to a host of uncomfortable symptoms, including jaw pain, difficulty chewing, and debilitating migraines. Fortunately, Dr. Heather Bond-Southard, a renowned TMJ dentist in Jonesboro, AR, offers cutting-edge [migraine treatment](#) using SPG (Sphenopalatine Ganglion) Block therapy to help patients achieve lasting relief.

How Does SPG Block Therapy Work for Migraine Relief?

At Southard Family Dentistry, Dr. Bond-Southard and her team utilize SPG Block therapy to target the root causes of migraine pain. The SPG is a nerve bundle located behind the nose that plays a key role in facial pain and headaches. By administering a local anesthetic to this area, the SPG Block effectively disrupts the pain signals associated with migraines.

What sets this treatment apart is its needle-free, minimally invasive approach. "Using a cotton-tipped applicator, we apply the anesthetic painlessly and quickly, providing instant relief for many patients," explains Dr. Bond-Southard. The entire procedure is simple and comfortable, making it an excellent

option for individuals who suffer from chronic migraines.

Comprehensive TMJ Care and Migraine Prevention

In addition to offering immediate migraine relief, SPG Block therapy can also help prevent future episodes. Dr. Bond-Southard and her experienced dental team specialize in TMJ disorder treatment, which addresses not only migraine pain but also other TMJ-related symptoms, such as jaw tension, clicking, and discomfort while chewing. By treating the underlying TMJ disorder, patients can experience long-term relief and improved quality of life.

Learn More About Migraine Relief at Southard Family Dentistry

Dr. Heather Bond-Southard is proud to be a leading TMJ dentist in Arkansas, offering state-of-the-art solutions for patients suffering from TMJ pain and migraines. "Our goal is to provide our patients with lasting relief, so they can live free from the discomfort of headaches and jaw pain," says Dr. Bond-Southard.

To learn more about SPG Block therapy, in-office TMJ treatment, or other services at Southard Family Dentistry, contact their office today.

About Southard Family Dentistry

Southard Family Dentistry is a premier dental clinic located in Jonesboro, AR, offering comprehensive care for TMJ disorder, migraines, and a wide range of dental services. Led by Dr. Heather Bond-Southard, the clinic is committed to helping patients achieve optimal oral health and live pain-free lives.

Contact Information:

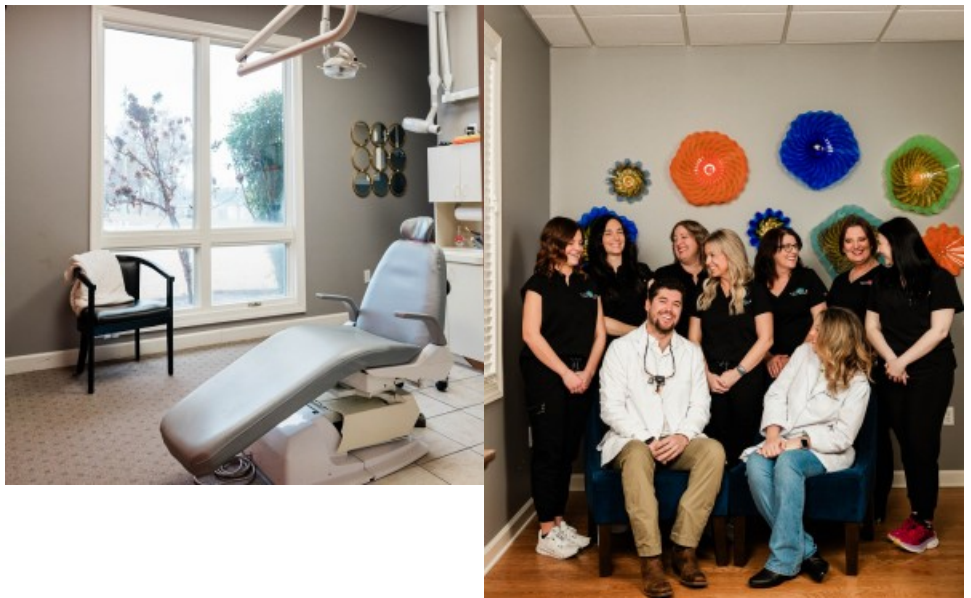
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