

Dr. Bido Aguessy: Pioneering Holistic Approaches in Psychology and Spiritual Care at Hopewell Health Solutions

Connecticut-based Clinical Psychologist Combines Spirituality and Depth Psychology to Support Patients in Grief and Trauma



New York City, New York Sep 3, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dr. Bido is a renowned clinical

psychologist (Specializing in End of Life) and spiritual care specialist, playing a pivotal role at Hopewell Health Solutions and the Psychotherapy Center for Grief, Hospice, and Integrated Spirituality. With a focus on integrating mental health and spiritual wellness, he adopts a comprehensive approach that addresses the psychological and emotional needs of both individuals and families. His expertise spans a range of psychological challenges, including, End of Life and Hospice psychology, trauma, PTSD, depression, anxiety, mood disorders, and geriatric depression. Notably, he developed the innovative Seven-week grief group therapy, a testament to his commitment to promoting resilience and healing among his clients.

As a trained theologian, Dr. Bido adeptly weaves spirituality into his therapeutic practices, drawing upon insights from Depth Psychology, Jungian psychology, and logotherapy. His culturally informed methodology ensures that he respects and accommodates the diverse backgrounds of those he serves, fostering an environment that encourages personal exploration and growth.

Dr. Bido's academic journey began with a Doctor of Psychology degree from the Graduate Theological Foundation in Mishawaka, Indiana. He completed his clinical training at the Elizabeth Boggs Center of the Robert Wood Johnson Medical School, in New Jersey. He further enriched his theological knowledge at the New Brunswick Theological Seminary and JFK Medical Center in New Jersey. His passion for continuous learning and dedication to personal growth have equipped him with a rich educational foundation, making him an invaluable member of the mental health community.

Over the years, Dr. Bido has dedicated himself to helping individuals navigate significant life transitions. His initial clinical work at the Kessler Institute of Rehabilitation involved supporting patients during the early phases of their disabilities. He has since honed his focus on end-of-life care, grief, and loss, serving as a grief counselor for Connecticut Hospice and providing guidance at esteemed institutions like Hartford Hospital and the University of Connecticut Health.

Learn More about Dr. Bido Aguessy:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/85021978-Bido-Aguessy-Psychologist> or through Hopewell Health Solutions, <https://hopewellhealthsolutions.com/clinical-team/dr-bido-aguessy-psy-d-lpc-a/>

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