

The Wisdom in Keeping or Removing Wisdom Teeth: Dr. Daniel Hines of Premier Dental Care Shares Insights

Understanding the Benefits and Risks of Wisdom Teeth Extraction



Washington, D.C, District of Columbia Aug 3, 2024 ([Issuewire.com](https://www.issuewire.com)) - Wisdom teeth, the third set of molars, usually emerge in the late teens or early twenties. For some individuals, these teeth can cause significant dental issues if not properly managed. Many dentists recommend the removal of wisdom teeth if they fail to fully grow, as the process is generally safer and easier for young adults aged 15 to 22. Removing wisdom teeth later in life can result in a more complicated recovery.

[Dr. Daniel Hines](#) of [Premier Dental Care](#) explains the importance of evaluating wisdom teeth early and provides insights into the benefits and risks associated with their removal.

The Side Effects of Removing Wisdom Teeth

While wisdom tooth extraction is a common procedure, it is not without risks. Potential side effects include:

- **Painful Dry Socket:** A condition where the blood clot at the site of the extraction dislodges, exposing the bone and causing severe pain.
- **Infection:** Bacteria or trapped food particles can lead to an infection in the extraction socket.
- **Damage:** Nearby teeth, nerves, jawbone, or sinuses may be damaged during the extraction process.
- **Nerve and Blood Vessel Damage:** Complications can include numbness, tingling, or more severe nerve damage.

Dr. Hines recommends wisdom teeth removal for several reasons, including:

- **Pain:** Persistent pain in or near the wisdom teeth.
- **Infection:** Repeated infection of the soft tissue behind the lower last tooth.
- **Cysts and Tumors:** The development of fluid-filled sacs or tumors around the wisdom teeth.
- **Damage to Nearby Teeth:** Pressure from the wisdom teeth can damage adjacent teeth.
- **Gum Disease:** Impacted wisdom teeth can contribute to gum disease.
- **Widespread Tooth Decay:** Difficulty cleaning wisdom teeth can lead to cavities and tooth decay.

Four Main Types of Wisdom Teeth Impactions

Understanding the type of impaction can help in planning the extraction procedure:

- **Angular Impaction:** The tooth is angled forward, towards the front of the mouth.
- **Vertical Impaction:** The tooth is correctly positioned but hasn't fully erupted through the gum line.
- **Horizontal Impaction:** The tooth is lying horizontally and cannot break through the gum.
- **Distal Impaction:** The tooth is angled backward, towards the back of the mouth.

Making an Informed Decision

"When deciding whether to keep or remove wisdom teeth, it is crucial to consult with a qualified dental professional who can evaluate individual circumstances and recommend the best course of action," says Dr. Hines. "Early assessment and intervention can prevent more severe dental issues and ensure a smoother recovery process."

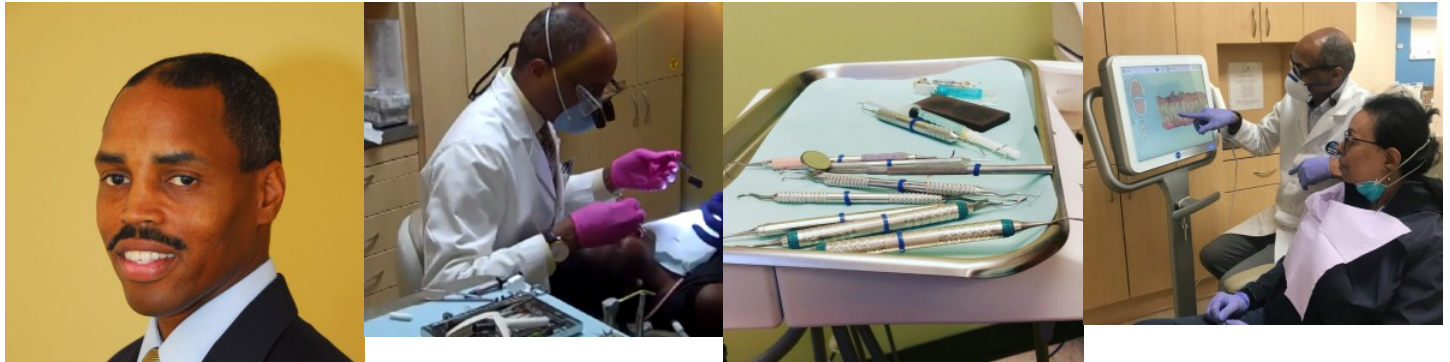
For more information, contact Premier Dental Care at 202-723-2400 or visit www.takomadentist.com.

About Premier Dental Care

Premier Dental Care is dedicated to providing comprehensive dental care, including wisdom teeth assessment and removal, and [emergency dentistry](#). Our experienced team, led by Dr. Daniel Hines, is committed to ensuring the best outcomes for our patients, using the latest techniques and technology in

a comfortable and caring environment.

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