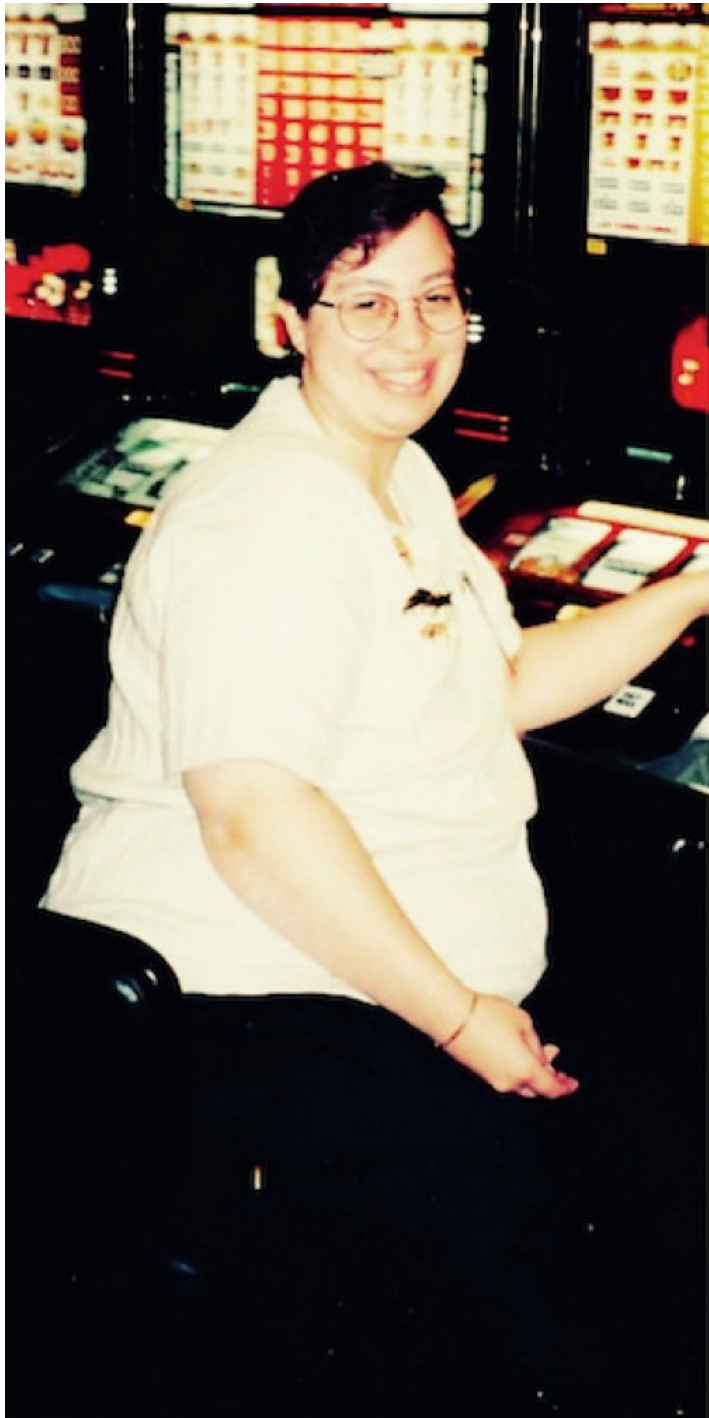


The Holy Mess Celebrates 10 Years of Inspiring and Transforming Lives



Tonawanda, New York Aug 29, 2024 ([Issuewire.com](https://www.issuewire.com)) - The Holy Mess, Inc., a leading online resource dedicated to weight loss and faith-based wellness, is thrilled to announce its 10th anniversary. Founded by Sara Borgstede, The Holy Mess, www.theholymess.com is a trusted source of inspiration, support, and practical tools for women striving to achieve their weight loss goals and deepen their faith.

Since its inception in 2014, The Holy Mess has touched the lives of millions of women through its

comprehensive resources, including blog posts, meal plans, online challenges, and free printables. The platform's unique approach of blending faith and wellness resonates with a diverse audience seeking holistic wellness transformation.

To celebrate this milestone, The Holy Mess will host a series of special events and activities from September 8 - 13, 2024, including:

- Live Videos - Join The Holy Mess nightly for live virtual events featuring meal prep videos, guest speakers, a live workout, giveaways, and a look back at the company's incredible journey.
- Daily Mini Challenges - Each day will feature mini challenges focused on fun, health and wellness.
- Exclusive Product Sales - Each day of the celebration will feature deep discounts on fan-favorite products.
- Community Scavenger Hunt - Participate in a fun and interactive scavenger hunt that takes you through the highlights of www.theholymess.com and its sister sites.
- Prize Giveaways - Join The Holy Mess for the grand finale on Friday, September 13 for a chance to win unique, one-of-a-kind prizes created by Sara and her team.

"As we celebrate this significant milestone, I am filled with gratitude for our amazing community," said Sara Borgstede, founder of The Holy Mess. "Over the past decade, we have grown together, supported each other, and witnessed incredible transformations. Our mission has always been to empower women with the tools and faith they need to live their best lives, and we look forward to continuing this journey together."

The Holy Mess remains committed to providing valuable resources, fostering a supportive community, and creating impactful content. With exciting plans for the future, including new challenges, programs, and partnerships, the next decade promises even greater growth and transformation.

We invite you to join us in celebrating this incredible milestone. Visit <https://theholymess.com/events/10th-anniversary/> for more information on our anniversary events and how you can be a part of this special occasion.

About The Holy Mess

The Holy Mess is a premier online platform dedicated to helping women achieve their weight loss goals, deepen their faith, and embrace a balanced, healthy lifestyle. The Holy Mess founder, Sara Borgstede, has been maintaining a 100+ pound weight loss for more than two decades. Through her experiences and a blend of faith-based guidance and practical resources, The Holy Mess empowers women to transform their lives and live with purpose and joy.

The Holy Mess platform includes:

- The Holy Mess website that reaches over 1.5 million people per year
- Hosting weight loss and wellness challenges for 40,000+ people
- Courses and workshops
- Email list of 85,000
- Growth to include four brands, websites, and social media channels
- National feature magazine articles, including three times in Woman's World magazine

Working with The Holy Mess is Terry Hanly of Anaheim, CA. Terry serves as Project and Events

Manager. After 20+ years of product management in the tech industry, she is now on a mission to help other women achieve their wellness goals.

Also working with The Holy Mess is LaNette Whiteside of Snowball, AR. LaNette is a Community Care Coordinator who has lost more than 350 pounds. She was recently featured on the cover of Woman's World magazine. LaNette is a retired nurse.

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