

Shikha S. Merchia, MD: A Beacon of Excellence in Internal and Lifestyle Medicine

Double Board Certified Internist at Beth Israel Lahey Health Primary Care



New York City, New York Aug 19, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dr. Merchia, a distinguished double board certified internist, is making waves in the healthcare community as an integral part of Beth Israel Lahey Health Primary Care located on John Mahar Highway in Braintree, Massachusetts. With a profound commitment to patient care and a holistic approach to health, she stands out as a leading healthcare provider in the region.

Having begun her medical journey in India, she earned her medical degree from the prestigious Christian Medical College in Ludhiana in 1995. Her passion for medicine and dedication to providing quality healthcare led her to the United States, where she honed her skills through an internship at Frankford Hospital, followed by a residency at Crozer-Chester Medical Center.

An expert in her field, Dr. Merchia is board certified in internal medicine by the American Board of Internal Medicine, illustrating her expertise in managing the comprehensive care of adult patients. Additionally, her certification in lifestyle medicine by the American Board of Lifestyle Medicine emphasizes her commitment to preventive care and lifestyle modifications, essential components in promoting both physical and mental well-being.

Throughout her career, Dr. Merchia has made significant contributions to the fields of internal and lifestyle medicine, positively impacting the lives of many patients and their families. Her unique approach combines traditional medical practices with innovative lifestyle strategies, empowering patients to take charge of their health. This dedication has earned her a reputation as a trusted and compassionate healthcare provider within the Braintree and surrounding community.

Learn More about Dr. Shikha S. Merchia:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1323303-Shikha-Merchia-Abington-MA-02351> or through Beth Israel Lahey Health Primary Care, https://primarycare.bilh.org/details/6333/shikha-merchia-primary_care-braintree

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Source : Shikha S. Merchia, MD

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