

SafeFit: Revolutionizing Fitness with Technology and Convenience



Dubai, United Arab Emirates Aug 16, 2024 ([IssueWire.com](https://www.issuewire.com)) - SafeFit, a pioneering private gym concept, is set to redefine the fitness industry with its innovative blend of technology, convenience, and personalized fitness solutions. Founded by tech industry veteran Shamlia Shukkur, SafeFit brings a unique approach to working out by offering multiple small studios within each location, fully equipped to cater to individual fitness needs.

Shamlia Shukkur, who has over a decade of experience working with Microsoft Cloud (Azure) and Microsoft for Start-ups, envisioned a tech-driven fitness solution that aligns with modern lifestyles. "Our goal is to make fitness accessible, personalized, and seamless for everyone. SafeFit leverages cutting-edge technology to offer a truly unique and convenient fitness experience," says Ms. Shukkur.

The SafeFit Experience

Customized Workout Programs: Users can download the SafeFit mobile app and create an account, selecting their fitness goals such as general wellness, muscle building, and more. The app then generates a customized workout program tailored to their specific needs and duration.

Smart Studio Booking: The app's e-commerce feature allows users to select their preferred studio, view its availability, and book it for a specific day and time. At the booked time slot, users can digitally unlock the studio using their app, ensuring a hassle-free entry.

Seamless Integration: Once in the studio, users can connect their app to the TV and speakers to display their workout program on a big screen, making it easier to follow along. The studios are equipped with smart sensors to detect occupancy, automatically controlling the lighting to enhance the workout experience.

Hygiene and Maintenance: Each studio includes a bathroom for users to freshen up post-workout, equipped with leakage sensors to alert the admin in case of any issues. Professional cleaners are on-site to clean the studios after each session, managed through a dedicated web portal that tracks booking slots and alerts them when a session ends.

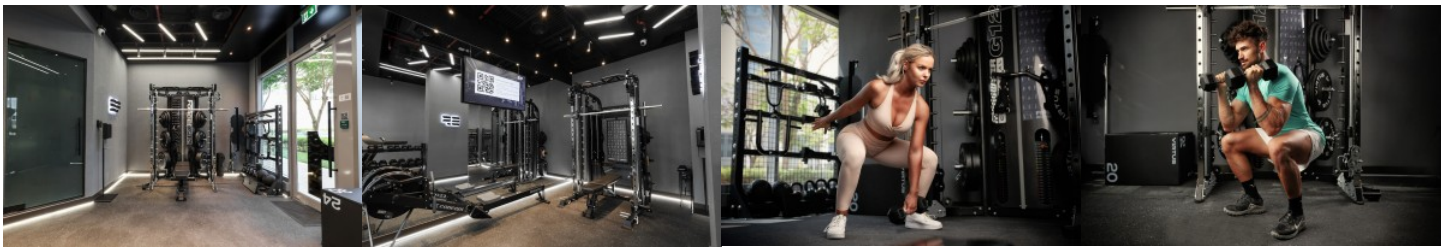
Supporting Personal Trainers

SafeFit also offers a platform for personal trainers to expand their reach. Trainers can create profiles, upload workout videos, and set their own training charges. Clients can browse available trainers, view their specializations, and purchase training packages directly through the app, fostering a vibrant community of fitness professionals and enthusiasts.

About SafeFit

Founded by Shamlia Shukkur, a former Microsoft executive with extensive experience in cloud technology and start-up development, SafeFit is on a mission to transform the fitness landscape. By integrating advanced technology with personalized fitness solutions, SafeFit aims to create a seamless, convenient, and effective workout environment for everyone.

For more information, please visit <https://safefitstudios.com/>



Media Contact

SafeBox Fitness Studios

shamlia@safefit.ae

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