

Sabrr Foundation Uses Different Treatment Methods

Addiction Treatment Methods



BEST REHAB CENTRE

OUR SERVICES

- Best Treatment
- Yoga
- Counselling
- REhabilitation

 **CONTACT US**

 **9540906363**



www.sabrrfoundation.com

New Delhi, Delhi Aug 9, 2024 ([Issuewire.com](https://www.issuewire.com)) - Sabrr Foundation is a reputed drug treatment center in Delhi NCR which has spread its branches in different locations of NCR. Sabrr Foundation treats drug addicts with quality and soon the patient recovers both physically and mentally. The main secret of effective treatment in a short time is that it uses different therapies. These treatment methods and excellent facilities establish it as the best [Nasha Mukti Kendra in Delhi](#) NCR.

Treatment Methods or Therapies Used in De-addiction

Cognitive Behavior Therapy

The first thing is that a drug addict becomes addicted not by being influenced by any good thoughts but due to bad thoughts and behaviour. In cognitive therapy, these bad thoughts and habits are identified and motivated to leave it, since these are the main points of addiction, so after improvement, the habit of drug addiction starts leaving automatically.

Medicine Assisted Treatment

Medicine therapy is the main method of addiction treatment. With the help of drugs, tolerance and psychological thinking are developed in the patient so that he can focus on other problems in life. For this, Ayurvedic, Allopathic and Naturopathy are used.

Personal Therapy

Personal therapy is a type of therapy that is most commonly used for addiction treatment. In this, the doctor and the patient are face to face and along with the exchange of problems, the patient's mind is helped to identify his shortcomings.

Contingency Management

In contingency management, the patient is given a task. If he completes it, he is rewarded with something of his choice. Due to competition among the patients, the task is completed quickly.

Family Therapy

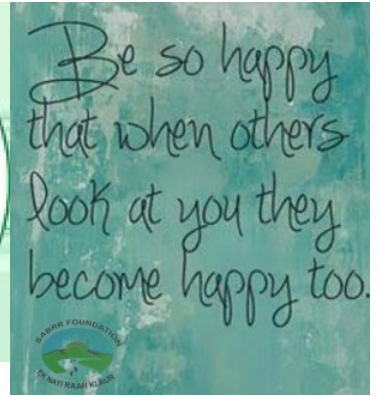
Family therapy is the most effective method for the treatment of addiction. In this, the team of psychiatrists counsel the entire family makes them aware of the ill effects of addiction and motivates them to quit it. In this, the elimination of addiction becomes easy due to mutual harmony in the family.

Group Therapy

In group therapy, patients are kept together to share their experiences. This helps them to know each other's experiences and the patient realizes that he is not the only one in this situation.

In this way, the patient is treated in a phased manner so that the patient becomes completely healthy mentally and there are no side effects. SABRR is the best [Rehabilitation Centre in Delhi](#).





Media Contact

Sabrr Foundation

sabrrfoundationindia@gmail.com

9540906363

H. No - 95 B, Nangloi, Ranhola, New Delhi, Delhi 110041

Source : Sabrr Foundation

[See on IssueWire](#)