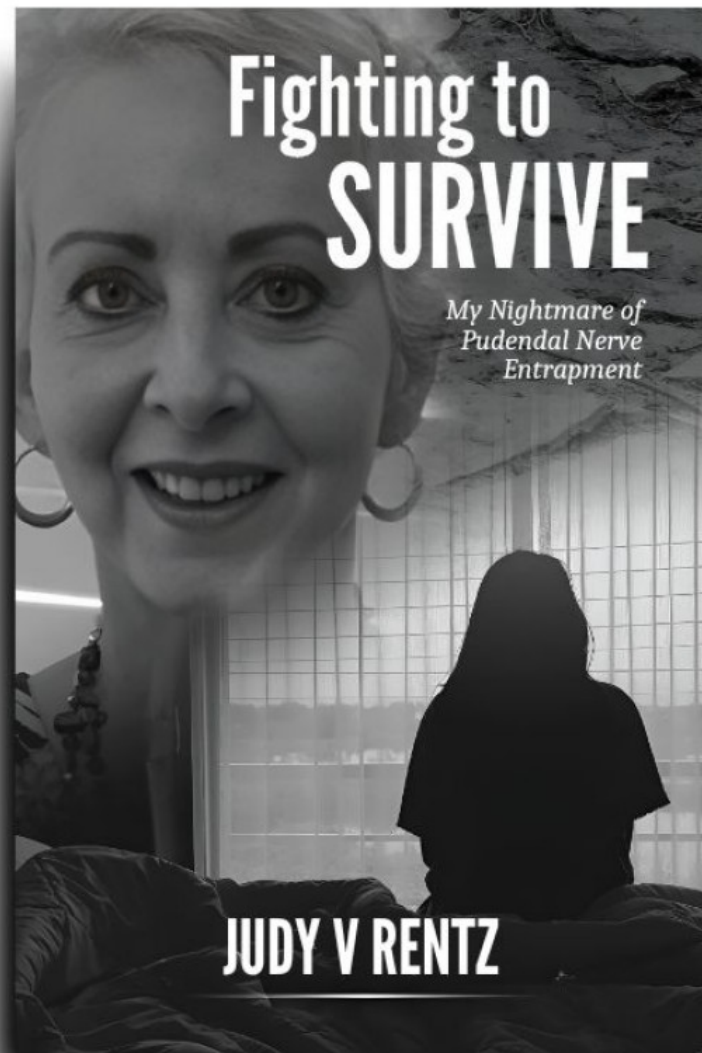


## New Book Offers Strength and Hope in the Face of Chronic Pain

Are you in pain, suffering daily without relief? Have you sought help endlessly, only to find no answers?



**Vancouver, British Columbia Aug 8, 2024** ([IssueWire.com](http://www.IssueWire.com)) - “*Fighting to Survive: My Nightmare of Pudendal Nerve Entrapment*” by Judy V. Rentz offers hope for those enduring chronic pain. This interesting memoir details Rentz’s tormenting journey through six and a half years of excruciating pain, providing a powerful story of suffering, faith, and eventual relief.

In *“Fighting to Survive”*, Rentz shares her deeply personal battle with *pudendal nerve entrapment*, also known as *Alcock canal syndrome*, a condition often misunderstood and misdiagnosed and is an uncommon source of chronic pain in which the pudendal nerve is entrapped or compressed in Alcock's canal where the person can experience chronic pelvic pain from damage or irritation to the pudendal nerve. She recounts the relentless pain that gripped her, bringing her to her knees and leaving her desperate for relief. Through her story, she aims to reach out to fellow sufferers, offering them hope and encouragement.

Rentz's dedication to her faith is a central theme in her memoir. She attributes her survival and eventual healing to her unwavering belief in God and the support of compassionate doctors who understood her plight. Her story is a proof to the power of faith, resilience, and the human spirit's ability to overcome even the most daunting challenges.

From a young age, Rentz was no stranger to pain. She recalls suffering from fibromyalgia long before it became a widely recognized condition. Despite the chronic pain that accompanied her throughout her life, nothing could have prepared her for the debilitating agony of *pudendal nerve entrapment*, which began in June 2007.

A self-proclaimed country girl, Rentz's roots trace back to Maryville, Tennessee. Her upbringing in a small rural community, coupled with the life lessons imparted by her mother, shaped her into the resilient woman she is today. Her mother's emphasis on the teachings of the Bible provided Rentz with a foundation of strength and hope, which she draws upon in her writing.

Throughout her life, Rentz's husband's job with JC Penney Co. took their family across the country. These experiences enriched their lives and broadened their perspectives. However, it was the simple, steadfast values of her rural upbringing that provided her with the strength to endure and overcome her health challenges.

*“Fighting to Survive: My Nightmare of Pudendal Nerve Entrapment”* is more than just a memoir; it's a lifeline for those who feel isolated in their pain. Rentz's story offers comfort, understanding, and a glimmer of hope to anyone battling chronic pain. Through her words, readers can find the strength to continue their fight and the assurance that they are not alone.

Read Judy V. Rentz's inspiring journey and find hope in the pages of *“Fighting to Survive”*. Available now on Amazon, Barnes and Noble, and other leading digital bookstores worldwide.

Buy Here: [Fighting to Survive: My Nightmare of Pudendal Nerve Entrapment](#)

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