

Mitigate Picky Eating Struggles of Your Child with Hope AMC

Empower your children to reach their full potential with right exacting habits. Let Hope AMC, the leading paediatric neurological rehabilitation centre help you bring a change in your child's feeding and swallowing disorder.



Dubai, United Arab Emirates Aug 15, 2024 ([Issuewire.com](https://www.issuewire.com)) - A few days back, one of the eminent occupational therapists at Hope AMC, Meera, claimed that for most children these days are brought on in the world of modern technology. This has naturally led to significant improvements but at the same time given rise to many habitual disorders. One such common issue is **feeding and swallowing disorders**. Meera says, "Mealtimes can become stressful for both parents and children when faced with food refusal and limited dietary choices." At Hope AMC, we understand the challenges associated with picky eating and its impact on a child's overall development.

In this 21st century, parents often stress out with these issues and struggle to find an effective way to mitigate **feeding and swallowing disorders**. Is your child a picky eater? Trust our specialised group

that is well equipped with the [best feeding and swallowing therapists in Dubai](#). We make sure to offer a safe and supportive environment for every child. Our experienced feeding therapist makes sure to conduct clear and sound communication so that they can connect with your child personally. This helps us to understand their food habits and proceed accordingly. We focus on exploring new foods and develop positive associations with mealtimes with your child. Our therapists utilise a multi-sensory approach that caters to a child's specific sensory needs and preferences.

Our sessions are specially designed for fun and to bring up positive reinforcement. With us you can enjoy each session that is 60 minutes long and focuses on making mealtime a positive experience. Through engaging activities, games and social interaction with peers, children are encouraged to explore different textures, smells, and tastes of new foods. This playful approach helps to reduce anxiety and encourages a willingness to try new things. By joining our **Picky Eaters Groups**, you will be actively involved in supporting your child's journey towards healthier eating habits. Our professional [paediatric feeding therapist in Dubai](#) will provide you with valuable guidance and strategies that can be implemented at home to reinforce the positive behaviours learned in the group setting.

Join us today and help your child build a healthy relationship with food! [Visit our website](#) to discover more about us.

About Hope AMC

Hope AMC provides complete medical care and facilities for children and parents. A unique, one-stop destination for family healthcare, **Hope AMC** brings all the specialist doctors under one roof making it easier for patients to access premium medical services, and caters to all the healthcare needs and rehabilitation facilities for children.

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Source : <https://www.hope-amc.com/>

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