

Kathleen Racich, DO: Leading Psychiatrist in Wesley Chapel, FL

Committed to Holistic Mental Health Care

New York City, New York Aug 21, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dr. Racich, a highly respected psychiatrist with 27 years of experience in the Tampa Bay area, is dedicated to providing comprehensive mental health care tailored to the unique needs of her patients. Specializing in a wide range of psychiatric conditions, she offers innovative treatment methods that encompass not only medication but also psychotherapy and psychosocial interventions.

Her extensive experience allows her to effectively diagnose and treat various psychiatric illnesses, including depression, anxiety, bipolar disorder, schizophrenia, ADHD, insomnia, obsessive-compulsive disorder (OCD), and eating disorders. Utilizing a holistic approach, she understands that mental health is interconnected with physical, social, and psychological well-being.

Moreover, Dr. Racich's treatment modalities may include the prescription of various medications such as antidepressants, antipsychotics, mood stabilizers, stimulants, sedatives, and hypnotics. She places a strong emphasis on personalized care, ensuring that each treatment plan is tailored to the individual needs of her patients.

In regards to her educational background, she earned her Doctor of Osteopathic Medicine degree from Ohio University Heritage College of Osteopathic Medicine in 1989. She completed her residency in psychiatry at Ohio State University Hospital from 1993 to 1996. Throughout her career, she has been recognized for her exceptional contributions to the field of psychiatry, receiving accolades such as the Top Doctor of Geriatric Psychiatry in 2022 and Top Doctor of Psychiatry for 2023 and 2024 from Tampa Magazine.

In addition to her clinical practice, Dr. Racich is an active member of the Florida Osteopathic Medical Association and the University Community Independent Practice Association, where she collaborates with other healthcare professionals to promote mental health awareness and education.

When she's not helping patients, she enjoys vacationing in Longboat Key, Florida, and exploring the beauty of Italy.

Learn More about Dr. Kathleen Racich:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/2762790-Kathleen-Racich-Psychiatrist>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Kathleen Racich, DO

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