

Jeffrey D. Hooper, DO, FACOI, Elevates Patient Care as Medical Director of MultiCare Center for Weight Loss & Wellness

Board-Certified Physician in Obesity Medicine Leads Innovative Programs Across Washington State



New York City, New York Aug 26, 2024 ([IssueWire.com](https://www.issuewire.com)) - Dr. Hooper, a board-certified internist and obesity medicine physician, serves as the Medical Director of the MultiCare Center for Weight Loss & Wellness in Washington. He is dedicated to enhancing patient outcomes through personalized care, overseeing four program locations that focus on sustainable weight loss and overall wellness. With a robust background in both internal medicine and obesity medicine, Dr. Hooper implements effective interventions that prioritize diet, physical activity, and behavioral change. He firmly believes that a strong physician-patient relationship is essential for successful treatment, emphasizing the importance of listening to patients' concerns and collaboratively developing tailored solutions to meet their individual needs.

To further enhance his expertise in obesity treatment, Dr. Hooper has specialized in exercise medicine, earning a master's degree in psychology and subsequently obtaining certification as an exercise physiologist. This advanced training equips him to address the multifaceted nature of obesity, particularly when patients face behavioral challenges. Additionally, he holds a certification in eating disorders and has achieved the CEDS designation (Certified Eating Disorder Specialist), which enables him to identify and manage patients grappling with these complex issues.

Recognizing the significance of less commonly understood conditions, Dr. Hooper has developed a specialization in lipedema, a condition that is often misdiagnosed or overlooked. He receives referrals from a wide region, offering his expertise to help identify and treat this prevalent yet frequently misunderstood disorder. His center provides various treatment options tailored to the specific needs of patients with lipedema, further broadening the scope of care available at his facility.

Dr. Hooper is also actively involved in research aimed at advancing the understanding of obesity medicine. He collaborates with his medical center and pharmaceutical companies when opportunities arise, contributing to the development of innovative treatments and strategies for managing obesity.

In addition to his professional pursuits, Dr. Hooper serves as an assistant editor for the Obesity Pillars Medical Journal, where he reviews articles and provides editorial guidance. His commitment to the field of obesity medicine is evident not only in his clinical practice but also through his contributions to research and education. Outside of work, he volunteers with the Boy Scouts of America, mentoring youth, while also enjoying outdoor activities like mountaineering, where he finds fulfillment in "chasing summits."

Learn More about Justin Jones:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/864565-Jeffrey-Hooper-Internist>, or through MultiCare Center for Weight Loss & Wellness, <https://www.multicare.org/provider/jeffrey-hooper/>

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