

Assure a Smile Redefines Dental Healthcare with Holistic Approach

In the heart of Miami, Assure a Smile is redefining dental healthcare by leveraging holistic health in their dental practices to help their patients lead a much healthier lifestyle through proper nutrition, diet, and safe dental care.



Miami, Florida Aug 15, 2024 ([Issuewire.com](https://www.issuewire.com)) - At [Assure a Smile](#), the foundational understanding that the body functions as one entire system is applied to every aspect of dental care. This includes the recognition that our teeth and gums are an extension of our overall health. Conditions such as bad gums

can indicate potential heart issues, while tooth problems may be related to or exacerbate existing kidney issues.

As [holistic dentistry](#) gains traction, numerous reasons why people are choosing this innovative form of healthcare over traditional methods have been identified. Chief amongst these reasons is the use of biocompatible materials, which stand in stark contrast to traditional, often toxic, dental materials. Assure a Smile advocates for the use of bio materials to minimize patients' exposure to potential toxins—these substances are already pervasive in our daily lives—there's no need for dental procedures to add to the tally.

Apart from promoting and providing safe mercury removal, Assure a Smile offers natural treatment for gum disease, solutions for TMJ and bite problems, and a range of other supportive services such as dietary recommendations and cosmetic bonding.

In the thriving city of Miami, Assure a Smile is changing the face of dental healthcare. Embracing biocompatible materials and holistic healthcare, this innovative dental office provides comprehensive oral care with a focus on whole-body health. This patient-focused approach serves to educate people not just about their teeth, but also about the contribution of oral health to overall well-being.

For more information or to schedule an appointment, visit assureasmile.com.

About Assure a Smile

Assure a Smile has been providing high-quality dental care in Miami for over 25 years. The practice is led by Dr. Ted Herrmann, a Miami dentist who is passionate about providing his patients with the best possible care. Dr. Herrmann and his team are committed to providing a comfortable and relaxing experience for all of their patients.

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