

Andy Hahn, PsyD Founder of Life Centered Therapy Training Program & Co-Author of Inspirational Book The One-Hour Miracle

Pushing the Boundaries of Traditional Psychology



New York City, New York Aug 2, 2024 ([Issuewire.com](https://www.issuewire.com)) - A distinguished licensed clinical psychologist, Dr. Hahn is the developer of the groundbreaking Life Centered Therapy Training program, and co-author of the enlightening book, 'The One-Hour Miracle,' alongside Joan Beckett. With over

three decades of experience in the field of psychology, his commitment to enhancing the well-being of individuals has earned him widespread recognition.

A graduate of Hahnemann University in 1985, his journey in psychology has been marked by a relentless pursuit of deeper understanding and innovative therapeutic approaches. While his traditional psychology background has provided a strong foundation for his practice, his quest for holistic healing led him to explore diverse disciplines, including Buddhist and Eastern Psychology, Mystery Training, and Depth Psychology.

Dr. Hahn's approach to therapy is comprehensive and transformative, encompassing MindBody, Archetypal, and Energy Psychotherapy techniques. His dedication to helping individuals overcome challenges, gain profound insights, and cultivate compassion and presence shines through in every session. His passion for facilitating positive change in his clients' lives is evident in the remarkable results he witnesses, often describing these moments as nothing short of miraculous.

In addition to his individual therapy sessions, he offers training programs designed to empower participants to understand themselves and others on a deeper level. Grounded in the Enneagram framework, these trainings delve into core motivations, providing a unique perspective that transcends surface behaviors. His commitment to sharing his expertise and insights underscores his mission to foster personal growth and self-awareness in others.

Learn More about Dr. Andy Hahn:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2240683-Andy-Hahn-Psychologist> or through Life Centered Therapy, <https://lifecenteredtherapy.com/>

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Source : Andy Hahn, PsyD

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