

Victoria J. Mondloch, MD, Renowned OBGYN & Innovator, Shares Insights on Hormone Balancing in Patient Education Endeavor



New York City, New York Jul 10, 2024 ([Issuewire.com](https://www.issuewire.com)) - Dr. Mondloch, a distinguished obstetrician and gynecologist hailing from Waukesha, Wisconsin, has recently retired after a remarkable career

spanning over 35 years. As the President and Founder of Victoria J. Mondloch, MD, she leaves behind a legacy of expertise in women's health, family medicine, and preventative health & wellness.

A graduate of the Medical College of Wisconsin, her commitment to educating and empowering her patients to understand their bodies and cultivate healthy lifestyle habits has been a cornerstone of her practice. Notably, she specialized in bio-identical hormone counseling for both women and men, setting new standards in patient care and treatment.

Throughout her illustrious career, Dr. Mondloch has been widely recognized for her contributions to the field of medicine. She was bestowed with the prestigious title of National Association of Professional Women VIP Woman of the Year by the National Association of Professional Women and was honored as the Medical Director of the Year 2020 by the International Association of Top Professionals. In 2022, she was acclaimed as IAOTP's Most Empowered Female Physician, further solidifying her status as a trailblazer in the medical community.

In her retirement, she has embarked on a new journey dedicated to patient education, leveraging her original research on hormonal health. Her website, <https://drvictoriajmondloch.com>, serves as a treasure trove of information, hosting years of her weekly radio shows and insightful YouTube videos covering a range of women's medical topics. She has also authored two impactful books, "Blossoming, Becoming A Woman" and "Full Bloom: Perimenopause, Menopause, Postmenopause, And Beyond," shedding light on crucial aspects of women's health.

Looking ahead, Dr. Mondloch is set to release two more books as part of her series on hormone balancing, catering not only to women but also addressing the unique needs of men. Through her ongoing dedication to patient education and empowerment, Dr. Victoria J. Mondloch continues to make a lasting impact on the healthcare landscape, inspiring individuals to take charge of their well-being through knowledge and understanding.

When asked about her success, she attributes it to her dedication to listening to her patients' concerns, seeking root cause analysis, and employing a holistic approach to patient care. By integrating complementary and alternative medicine practices and collaborating with referral partners, she has provided her patients with comprehensive and personalized healthcare solutions.

Outside of medicine, Dr. Mondloch enjoys spending time in destinations close to water and winter ski resorts. Her hobbies include sailing, scuba diving, and downhill skiing, reflecting her adventurous spirit and love for the outdoors.

Learn More about Dr. Victoria J. Mondloch:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/536688-Victoria-Mondloch-OB-GYN-Obstetrician-Gynecologist> or through her website, <https://drvictoriajmondloch.com/index.html>

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Source : Victoria J. Mondloch, MD

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