

Teresa Tranchemontagne, DO Revolutionizes Primary Care at BetterNow Medicine

Prioritizing Individualized Attention, Comprehensive Support, and Genuine Compassion



New York City, New York Jul 12, 2024 ([Issuewire.com](https://www.issuewire.com)) - A devoted internist, Dr. Tranchemontagne has recently brought her expertise and compassionate approach to BetterNow Medicine in Amherst and Manchester, New Hampshire. With a remarkable career spanning over 25 years, she has dedicated her practice to serving the community of Southern New Hampshire, prioritizing long-term relationships with her patients.

A Nashua native, she is a graduate of the University of New England, College of Osteopathic Medicine, and completed her residency at UMASS Memorial in Worcester, MA. Her commitment to patient-centered care and holistic wellness has been the cornerstone of her practice philosophy. She has witnessed the shifting landscape of primary care towards fragmented care models and high patient volumes, leading her to embrace the innovative approach at BetterNow Medicine.

At BetterNow Medicine, Dr. Tranchemontagne is spearheading a patient-centric paradigm that focuses on collaborative partnerships with patients to optimize their health outcomes and manage chronic and acute conditions effectively. She believes in empowering patients to take an active role in their healthcare journey, emphasizing personalized care plans and open communication to achieve the best possible results.

In addition to her professional dedication, she values a well-rounded lifestyle that allows her to pursue her passions outside of medicine. When she's not in the office, she enjoys spending quality time with her family, exploring the great outdoors through boating, hiking, and biking, and cherishing moments with her beloved canine companions.

Learn More about Dr. Teresa Tranchemontagne:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/1715101-Teresa-Tranchemontagne-Internist> or through BetterNow Medicine, <https://betternowmd.com/personalized-primary-care/>

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