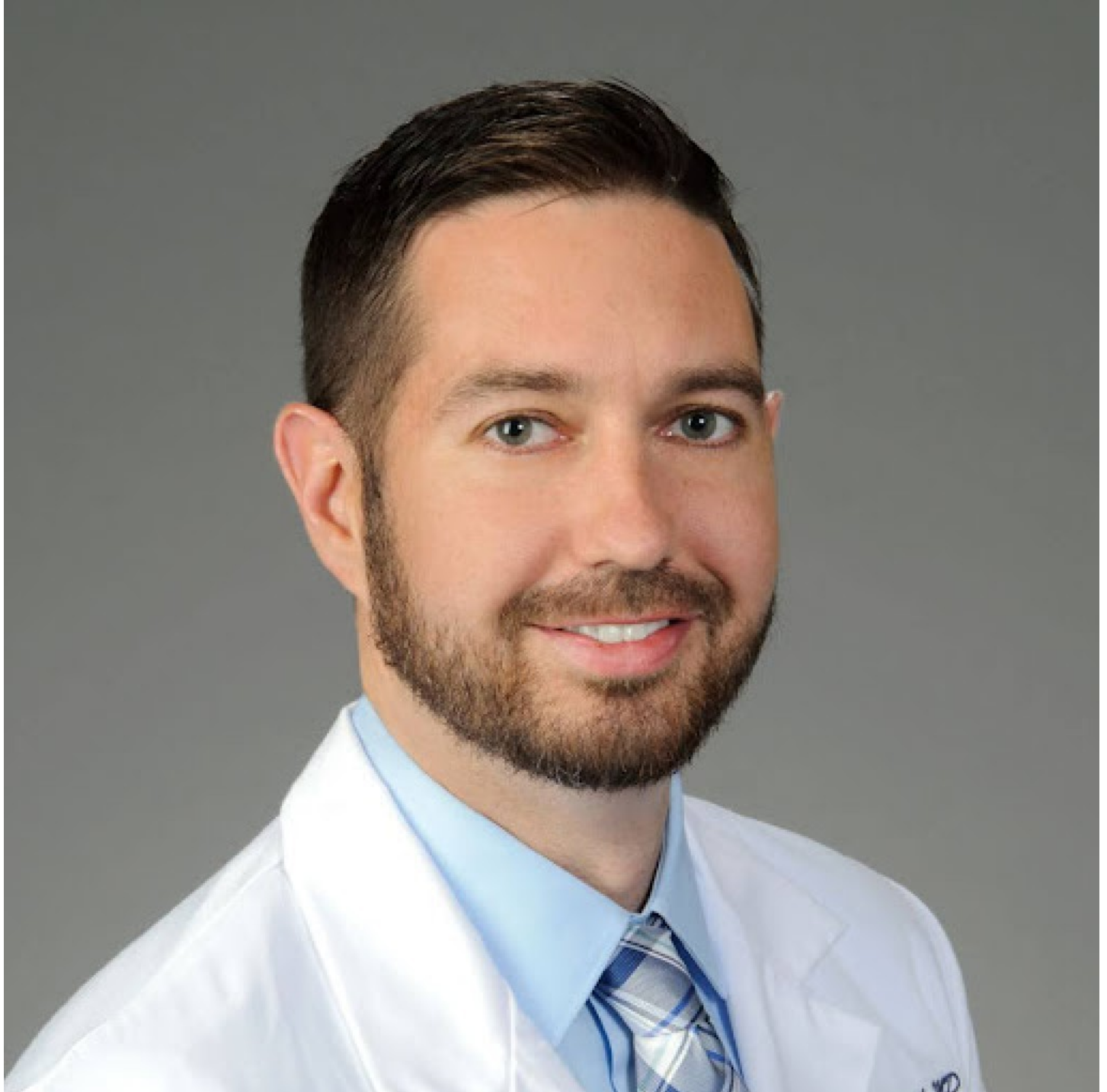


Meet Dr. Joshua Roland, MD, FAASM: Board Cert. Sleep Medicine Physician, Expert, Consultant, & Advocate for Sleep Health

Transforming Health and Wellness Through the Power of Better Sleep



New York City, New York Jul 23, 2024 ([Issuewire.com](https://www.issuewire.com)) - California - Dr. Joshua Roland, a distinguished board certified sleep medicine physician with a wealth of clinical and research experience in the field of sleep medicine, has been appointed as the Chief Medical Officer at Sanusom, Inc. He

brings with him a deep passion for the critical role that sleep plays in overall health and well-being.

"I have always been fascinated by sleep. It is a basic human need requiring an intricate balance of biological, psychological, and environmental conditions to be optimal. Without good sleep, it is nearly impossible to be physically and mentally healthy. Clinically, I love the opportunity to improve both quality of life as well as overall health by treating sleep disorders" expresses Dr. Roland.

With a career spanning over a decade, he has held various esteemed positions within the realm of sleep medicine. Prior to his current role at Sanusom, Inc., Dr. Roland served as the Medical Director of Sleep for Thirty Madison, where he made significant contributions to advancing sleep health. His expertise was also highly valued during his tenure as an assistant professor at UCLA, where he practiced sleep medicine and conducted groundbreaking research.

Dr. Roland initially worked in clinical sleep research after studying psychology at Temple University. He then went on to earn his Medical Degree from St. George's University School of Medicine and completed his residency in family medicine at Drexel University College of Medicine.

Subsequently, Dr. Roland pursued a fellowship in sleep medicine at the Emory University School of Medicine. During training, he was involved with research on novel treatments for idiopathic hypersomnia, co authored textbook chapters, and was involved with sleep curriculum development for the American Thoracic Society.

A dedicated advocate for improving quality of life through the treatment of sleep disorders, Dr. Roland has been actively involved in developing guidelines for the American Academy of Sleep Medicine and has served on the California Sleep Society Board of Directors, showcasing his commitment to advancing the field of sleep medicine.

As a Fellow of the American Academy of Sleep Medicine (FAASM), Dr. Roland is widely recognized for his contributions to the field of sleep medicine. His dedication to improving both physical and mental well-being through his work in sleep health is evident in his numerous publications, presentations, and community engagements focused on raising awareness about the importance of quality sleep.

Dr. Roland's appointment as Chief Medical Officer at Sanusom, Inc. marks a significant milestone in the company's commitment to revolutionizing sleep health and underscores his reputation as a leading authority in the field of sleep medicine.

Learn More about Dr. Joshua Roland:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/344579-Joshua-Roland-Sleep-Medicine-Specialist>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Joshua Roland, MD, FAASM

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