

Jeremy Van't Hof, MD, MS, Leading Cardiologist at M Health Fairview and the University of Minnesota Medical School

Maximizing Cardiovascular Health: Integrating Holistic Approaches for Individuals and Communities



New York City, New York Jul 18, 2024 ([Issuewire.com](https://www.issuewire.com)) - Minneapolis, Minnesota - Dr. Jeremy Van't Hof is a distinguished cardiologist known for his expertise in the early detection of cardiovascular disease and dedication to preventative care. Currently practicing at M Health Fairview Heart Clinic Fulton and serving as Director of Cardiac Rehabilitation at M Health Fairview University of Minnesota Medical Center, Dr. Van't Hof is a prominent figure in the field of cardiology.

With a clinical focus on preventing cardiovascular events through early detection, Dr. Van't Hof's approach combines lifestyle modifications with evidence-based medical therapy to maximize the physical and mental health and quality of life of his patients. His areas of interest include familial hypercholesterolemia, resistant hypertension, and complex polyvascular disease.

In addition to his clinical practice, Dr. Van't Hof holds the position of Associate Director of the Rasmussen Center for Cardiovascular Disease Prevention and serves as an Assistant Professor of Medicine in the Cardiovascular Division at the University of Minnesota Medical School. His commitment to public health is evident through his research and advocacy for improved cardiovascular disease detection and treatment and for reduction in cardiovascular health disparities.

A Minnesota native, Dr. Van't Hof pursued his undergraduate studies in biochemistry at Calvin College in Michigan before completing medical school at Loma Linda University School of Medicine in California. Following his passion for public health, he volunteered at a rural health clinic in Honduras, an experience that shaped his dedication to improving population health through research and intervention. Dr. Van't Hof returned to Minnesota in 2012 in order to complete a residency in internal medicine and a fellowship in cardiovascular medicine at the University of Minnesota.

Board certified in internal medicine and cardiovascular disease, Dr. Van't Hof is recognized as a Diplomate of the American Board of Internal Medicine. His contributions to the field have been acknowledged through various awards, including the Alan T. Hirsch Vascular Award, University of Minnesota Cardiovascular Division (2017), the Anthony L Garofalo Cardiovascular Disease Prevention Award, University of Minnesota (2016), the Yang Wang Fellowship Research Award, University of Minnesota Cardiovascular Division (2015), and the Best Teacher Award, University of Minnesota Internal Medicine Residency.

Dr. Van't Hof's mission is to enhance public health literacy and address the shortcomings of the current healthcare system, particularly in the realm of cardiovascular prevention. Through his work, he aims to empower individuals to lead healthier, more fulfilling lives and contribute to the overall well-being of the community.

Learn More about Dr. Jeremy Van't Hof:

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/81272240-Jeremy-Van-t-Hof-Cardiologist> or through M Health Fairview, <https://providers.mhealthfairview.org/provider/Jeremy+Van'T+Hof/2350826>

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Your Health Contact

clientservice@yourhealthcontact.com

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