

Hemini Naik, Psy.D., Offers Specialized Mental Health Care at Woodbridge Therapy Grp & Prince William Family Counseling

Providing Holistic Support for Mental Health Challenges in Woodbridge and Manassas, Virginia



New York City, New York Jul 18, 2024 ([IssueWire.com](https://www.issuewire.com)) - Dr. Hemini Naik, a Virginia Licensed Psychologist and Psypact Member is a leading professional at Woodbridge Therapy Group and Prince William Family Counseling. With a focus on treating patients of all ages, Dr. Naik specializes in autism spectrum disorder, ADHD, depression, anxiety, and psychological assessment, offering comprehensive care to address a wide range of mental health concerns.

Dedicated to holistic mental health care, the teams at Woodbridge Therapy Group and Prince William Family Counseling provide support for challenges related to family dynamics, work stress, health issues, aging, and relationships. Their primary goal is to address the unique needs of each client with the aim of achieving overall wellness and balance in their lives. With conveniently located offices in Woodbridge and Manassas, the practices are able to serve clients in person or through telehealth services, making mental health care accessible to individuals across the state of Virginia.

Dr. Naik brings a wealth of academic and clinical experience to her practice, holding a Master of Arts Degree in Clinical Psychology and a Doctorate in Clinical Psychology from Argosy University. She is highly trained and experienced in using a variety of standardized tests to help patients gain a deeper understanding of their emotional, social, and behavioral patterns.

Through psychological testing, Dr. Naik and her team are able to provide valuable insights that inform personalized treatment plans for each client, ensuring that their mental health needs are met effectively and compassionately.

Learn More about Dr. Hemini Naik:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/882272-Hemini-Naik-Psychologist> or through Woodbrige Therapy Group, <https://woodbridgetherapygroup.com/meet-our-team/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Hemini Naik, Psy.D.

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