

Dr. Orra: A Compassionate Family Physician who Breaks the Barriers of Conventional Medicine

Providing Inclusive and Accessible Conventional and Holistic Healthcare Services

New York City, New York Jul 17, 2024 ([IssueWire.com](https://www.IssueWire.com)) - A dedicated family physician with a passion for conventional and holistic patient-centered care, Dr. Orra is the founder and CEO of Nu ORRA, LTD, her own private practice which she established in 2024 after 6 years of experience at a commercial clinic in New York City. Her departure from the commercial clinic stemmed from her desire for change in the approach to patient care.

Renowned for her unique approach to holistic and conventional practices, Dr. Orra delves deep into the core of each patient's health issue, dissecting the root cause of symptoms rather than merely addressing surface level issues. With a comprehensive understanding of holistic medicine, supplement health and ayurvedic regimens. Dr. Orra's areas of expertise include preventive health, lifestyle medicine, nutrition, chronic disease management and food sensitivity testing. Dr. Orra has successfully treated a myriad of conditions including chronic fatigue, hair loss, generalized inflammation, HPV, obesity, gut diseases, anxiety & depression, insomnia, elevated cholesterol, elevated blood pressure and other skin concerns including aesthetic procedures like Botox, fillers, PRP and hydra facials.

What sets Dr. Orra apart is her unwavering dedication to personalized care taking a whole body holistic approach. Each patient is unique and receives her undivided attention and compassionate guidance as she conducts thorough personalized consultations, evaluations and follow up visits. Her integrated approach combines traditional diagnostic methods with intuitive insights, enabling her to uncover complex disease etiologies where others have fallen short. From detailed history reviews to comprehensive blood work and imaging, Dr. Orra leaves no stone unturned in her pursuit of holistic wellness for her patients.

Her open-minded and empathetic demeanor allows her to form strong partnerships with her patients, working closely to educate them about their specific healthcare needs and empowering them to take control of their health and well-being. Dr. Orra has dedicated her life and career to helping her patients achieve their personalized health goals through her undivided and compassionate guidance.

Dr. Orra's medical journey began at Ohio University Heritage College of Osteopathic Medicine, where she earned her Doctor of Osteopathic Medicine degree, followed by a residency at Case Western Reserve University/Metro Health Hospital in Family Medicine. Her sub specialties include weight loss medicine, aesthetic dermatology and integrative and holistic medicine.

Dr. Orra has treated patients from all around the world, given her multicultural background and fluency in many languages including Portuguese, Arabic and French, Dr. Orra has been making a difference in lives all around the world. Outside of her medical practice, she prioritizes herself by manifesting her own happiness and success through activities that bring her joy. Her passions include medical volunteer work at refugee camps for displaced persons with UNRWA and contributing medical updates and information with media affiliates such as ABC news national and local. She has served as a correspondent on live television with ABC News contributing medical information and has also written several journal articles for online publication. Outside of her medical career and passions, she is family oriented and has several close friends for whom she loves to spend quality time. She is a huge fan of food is medicine and practices healthy and low inflammatory eating habits by cooking homemade fresh meals almost daily for herself, family and her adorable little puppy Coco.

Learn More about Dr. Nura Orra:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/82918002-Nura-Orra-Family-Practitioner> or through her personal website nuorra.co

About FindaTopDoc.com

FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide you on your journey towards optimal health by providing you with the know-how to make informed decisions for you and your family.

Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Dr. Orra

[See on IssueWire](#)