

Dr. Ji Han of NY Spine Care Interventional Pain Management Shares Their Services and How They Can Relieve Pain



New York City, New York Jul 10, 2024 ([Issuewire.com](https://www.issuewire.com)) - Navigating the complexities of persistent pain can be overwhelming, but under the guidance of Dr. Ji Han at NY Spine Care Interventional Pain Management, patients find hope and relief through personalized treatment plans and advanced medical interventions. With a deep commitment to compassionate care and medical expertise, NY Spine Care helps patients overcome a range of pain issues, from back pain to foot ailments.

At NY Spine Care, personalized healthcare services are at the core of their success in alleviating chronic pain. Patients benefit from advanced treatment modalities such as joint injections and Epidural Steroid Injections, designed to not only reduce discomfort but also address the underlying causes of chronic conditions.

NY Spine Care's expertise goes beyond standard pain relief, addressing conditions such as Compression Fractures, Sciatica, Herniated Discs, and Arthritis of the Spine. The impact of these conditions on daily life can be profound, prompting Dr. Ji Han's team to develop solutions that restore functionality and comfort.

Their approach to treating De Quervain Syndrome and complex elbow injuries, including Tennis Elbow and injuries from workplace mishaps or vehicular accidents, is comprehensive and customized to meet each patient's unique needs.

Advanced Techniques Like Radio Frequency Ablation

Dr. Ji Han's clinic also offers Radio Frequency Ablation (RFA), a sophisticated procedure that begins with two diagnostic medial branch blocks to ensure optimal results. RFA creates targeted heat lesions that disrupt nerve fibers responsible for transmitting pain signals. Conducted under live x-ray fluoroscopy, this procedure ensures exceptional precision and care.

RFA is particularly effective for conditions like spondylitis, sacroiliitis, and other forms of nerve pain, offering patients substantial relief and extended periods of reduced pain, often lasting six months to a

year. The benefits are clear: patients can avoid surgery, experience immediate relief, enjoy minimal recovery time, improve daily functionality, and reduce their reliance on pain medication.

Specialized Joint Injections

Joint injections at NY Spine Care are meticulously designed to alleviate joint pain and inflammation in areas such as the knee, elbow, hips, and fingers. These minimally invasive procedures may involve a mix of corticosteroids, hyaluronic acid, and platelet-rich plasma, delivering swift relief right where it's needed most.

For those with shoulder conditions like arthritis, frozen shoulder, or rotator cuff impingement, NY Spine Care offers corticosteroid shoulder injections using ultrasound guidance for precise targeting. These injections aim to reduce swelling and restore movement.

Hip injections serve a dual purpose by identifying the source of pain and providing relief. Performed under fluoroscopic guidance, the cortisone steroid used in this procedure offers long-term comfort.

Knee injections address pain from various conditions, including injuries and arthritis, helping individuals regain an active lifestyle with each pain-free movement.

Elbow injections provide relief from complications like osteoarthritis by delivering targeted analgesics and anti-inflammatory steroids, significantly reducing pain and stiffness.

Spinal injections, including lumbar, thoracic, caudal, and transforaminal epidural steroid injections, offer respite from chronic back and leg pain by reducing inflammation and irritation in the spinal nerves. Performed with state-of-the-art fluoroscopic guidance, these injections ensure high accuracy and success rates.

About Dr. Ji Han

Dr. Ji Han, leading NY Spine Care Interventional Pain Management, brings over two decades of dedication as an anesthesiologist and pain management specialist. With a career marked by leadership roles in prominent New York hospitals and esteemed residencies, including Weill Cornell Medical Center, Dr. Han's reputation is both significant and well-deserved.

Patients frequently commend Dr. Han's adeptness and finesse in pain mitigation, often highlighting his ability to guide them toward recovery. This blend of skill and heartfelt patient rapport cements NY Spine Care's status as a leader in pain management.

NY Spine Care is more than just a clinic; it's a sanctuary where quality of life is restored, and chronic pain is met with cutting-edge treatments. From kyphoplasty to joint injections and Epidural Steroid Injections, every patient is steered toward a future with less pain. Dr. Han's compassionate expertise transforms each success story into part of the clinic's robust legacy, a testament to their commitment to progress and patient-focused care.

A Commitment to Compassionate Care

NY Spine Care, led by Dr. Ji Han, is a beacon of hope for patients with chronic or acute pain. Their dedication to individualized treatment plans ensures each patient receives the best possible outcome for their unique situation. What sets NY Spine Care apart is their passion for interventional pain

management, evidenced by their state-of-the-art facility focused on this vital area of medicine.

For those struggling with chronic pain, NY Spine Care offers solutions that lead to a life free from pain. Whether dealing with neck pain, lower back pain, or other issues, the experienced team at NY Spine Care is ready to help you overcome the pain holding you back. Take the first step towards a pain-free life today and visit: <https://www.nyspincarepain.com/>

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