

Unlocking Wellness with Angela Soto, O.MD., at Blue Root Acupuncture & Wellness Center in Fort Mill, South Carolina

Empowering Patients Physically, Mentally, and Spiritually Through Patient-Centered Care



New York City, New York Jun 3, 2024 ([IssueWire.com](https://www.IssueWire.com)) - Dr. Angela Soto, O.M.D., is the proud owner and operator of Blue Root Acupuncture & Wellness Center, a cutting-edge holistic health facility dedicated to empowering patients through personalized care. Located in Fort Mill, South Carolina, she brings her expertise in acupuncture, herbal medicine, and various holistic therapies to the community, focusing on healing the whole person – physically, mentally, and spiritually.

With a mission to help individuals achieve their unique health goals, Dr. Soto emphasizes building compassionate and healing relationships with her patients. She offers a comprehensive range of holistic treatments, including acupuncture, clinically proven herbal medicine, homeopathic injection therapy, ozone and prolozone therapies, allergy desensitization techniques, laboratory testing, and patient education on self-care practices. In addition, she provides complementary therapies for detoxification and healing, specializing in the treatment of chronic autoimmune disorders, infectious diseases, and conditions like Lyme disease.

Dr. Soto completed her comprehensive medical program at the Acupuncture and Massage College in Florida, delving into Chinese Herbal Medicine, Diet Therapy, Acupuncture, Moxibustion, Tui Na Massage, and Modern Western Medicine. She attained both a Bachelor of Health Science and a Master of Oriental Medicine in Miami, Florida.

Additionally, Dr. Soto underwent extensive continuing education and clinical training in various hospitals in Nanjing, China, enriching her expertise. She has also pursued specialized training in cosmetic rejuvenation therapies, earning certifications in Mei Zen Cosmetic acupuncture, vibrational beauty, and injection bio-rejuvenation systems. With her tailored approach, she excels in devising personalized plans to address individual challenges.

Moreover, Dr. Soto's practice extends to non-invasive treatments such as microcurrent technology, color therapy, electro-massage, and electro-acupuncture, catering to needle-phobic patients and children. Her dedication to providing holistic solutions for both beauty and health is evident in her diverse skill set and innovative approach to patient care.

However, Dr. Soto's journey doesn't end here. In recent years, she has delved into transformational breathwork and attained certifications as a spiritual strategist and intuitive guide. These transformative modalities aim to untangle past life and traumatic experiences, fostering profound healing from the very core.

Outside of her practice, Dr. Soto is an avid enthusiast of volleyball, dance, music, and photography. She finds inspiration in travel, with favorite destinations including Thailand and Colombia.

Learn More about Dr. Angela Soto:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/2355656-Angela-Soto-Acupuncturist> or through Blue Root Acupuncture & Wellness Center, <https://blueroothealth.com/about-our-head-physician-dr-soto/>

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Media Contact

Your Health Contact

clientservice@yourhealthcontact.com

Source : Angela Soto, O.MD.

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